CLUB 55

SENIOR SERVICES FAMILY SERVICE AGENCY

NOVEMBER 2026

815-758-8616 ext. 1201
club55@fsadekalbcounty.org

Bold entries highlight special events. See newsletter for full details and registration information.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
02 **DEKALB** •Koffee Klutch 9:30-10:30am •Chair Yoga 10:15-11:15am **SYCAMORE** •Walkers & Talkers 10-11am •Cards 11am **MALTA** •Cards & Games; VAC box lunch noon	**03** **DEKALB** •Woodcarving 9:30-10:30am •Balance & Fall Prevention 10:30-11:30am •Arts & Chats 10:30-11:30am •Pinochle, Euchre & Bridge 12:30pm •Wii Bowling 1-2pm	**04** **DEKALB** •Hand & Foot 9:30am •Virtual Chair Exercise 10am **•Country Store Holiday Pop-Up 10am-2pm** •Needlework Corner 10:30am •VAC lunch noon •Bridge 12:30pm •Bingo & Mahjong 1pm **MALTA** •Cards & Games •Bingo 1-2pm	**05** **DEKALB** **•Country Store Holiday Pop-Up 10am-2pm** •Series Spotlight: The Crown 11am •Pinochle, Euchre, Bridge & Mexican Train 12:30pm •Mahjong 1pm	**06** **DEKALB** •Virtual Chair Exercise/Qigong 10am •Balance & Fall Prevention 10:30-11:30am •Film Friday 1pm **SYCAMORE** •Walkers & Talkers 10-11am •Cards & Mahjong 11am **•Gentle Mat Stretch 11am-noon** **MALTA** •Cards & Games; VAC box lunch noon
09 **DEKALB** •Koffee Klutch 9:30-10:30am **•Heritage Woods: Yums Treats & Trivia 10-11am** •Chair Yoga 10:15-11:15am •Arms, Abs & Legs 11:30am-noon •Vinyasa Yoga noon-1pm **SYCAMORE** •Walkers & Talkers 10-11am •Cards 11am **MALTA** **•Veterans Pinning with Heartland 10-11am** •Cards & Games; VAC box lunch noon	**10** **DEKALB** •Woodcarving 9:30-10:30am **•Veterans Pinning with Heartland 10-11am** •Balance & Fall Prevention 10:30-11:30am •Arts & Chats 10:30-11:30am **•Addus Memory Lane: Pass the Gravy! 11:30am-12:30pm** •Pinochle, Euchre & Bridge 12:30pm •Wii Bowling 1-2pm	**11** **DEKALB** •Hand & Foot 9:30am •Virtual Chair Exercise 10am •Needlework Corner 10:30am •VAC lunch noon •Bridge 12:30pm •Bingo & Mahjong 1pm **MALTA** •Cards & Games **•Addus Memory Lane: Pass the Gravy! 10-11am** •Bingo 1-2pm	**12** **DEKALB** •Series Spotlight: The Crown 11am •Pinochle, Euchre, Bridge & Mexican Train 12:30pm •Mahjong 1pm	**13** **DEKALB** •Virtual Chair Exercise/Qigong 10am •Balance & Fall Prevention 10:30-11:30am •Vinyasa Yoga noon-1pm •Film Friday 1pm **SYCAMORE** •Walkers & Talkers 10-11am •Cards & Mahjong 11am **MALTA** •Cards & Games; VAC box lunch noon
16 **DEKALB** •Koffee Klutch 9:30-10:30am **•DMJ Breakfast Bites 9:30-10:30am** •Chair Yoga 10:15-11:15am •Arms, Abs & Legs 11:30am-noon •Vinyasa Yoga noon-1pm **SYCAMORE** •Walkers & Talkers 10-11am •Cards 11am **MALTA** •Cards & Games; VAC box lunch noon	**17** **DEKALB** •Woodcarving 9:30-10:30am •Balance & Fall Prevention 10:30-11:30am •Arts & Chats 10:30-11:30am **•Kristie Cooks: Stuffing Pot Pies 11:30am-12:30pm** •Pinochle, Euchre & Bridge 12:30pm •Wii Bowling 1-2pm **•Creative Writing via Zoom 1-3pm**	**18** **DEKALB** •Hand & Foot 9:30am •Virtual Chair Exercise 10am •Needlework Corner 10:30am •VAC lunch noon •Bridge 12:30pm •Bingo & Mahjong 1pm **MALTA** •Cards & Games **•Heritage Woods: Yums Treats & Trivia 10-11am** •Bingo 1-2pm	**19** **DEKALB** •Series Spotlight: The Crown 11am •Pinochle, Euchre, Bridge & Mexican Train 12:30pm •Mahjong 1pm **•Movie Day: Dolly Parton holiday musical 1pm**	**20** **DEKALB** •Virtual Chair Exercise/Qigong 10am •Balance & Fall Prevention 10:30-11:30am •Vinyasa Yoga noon-1pm **•A Taste of Tradition Potluck noon-1pm** •Film Friday 1pm **SYCAMORE** •Walkers & Talkers 10-11am •Cards & Mahjong 11am **•Gentle Mat Stretch 11am-noon** **MALTA** •Cards & Games; VAC box lunch noon
23 **DEKALB** •Koffee Klutch 9:30-10:30am **•DeKalb Fire/EMS: Battery Safety 10-10:30am** •Arms, Abs & Legs 11:30am-noon •Vinyasa Yoga noon-1pm **SYCAMORE** •Walkers & Talkers 10-11am •Cards 11am **MALTA** •Cards & Games; VAC box lunch noon	**24** **DEKALB** •Woodcarving 9:30-10:30am •Balance & Fall Prevention 10:30-11:30am •Arts & Chats 10:30-11:30am **•NIFB Drive-Up Food Pantry 11am-noon (volunteers 9am)** •Pinochle, Euchre & Bridge 12:30pm •Wii Bowling 1-2pm **•Prairie State Legal walk-ins 1-4pm**	**25** **DEKALB** •Hand & Foot 9:30am •Virtual Chair Exercise 10am •Needlework Corner 10:30am •VAC lunch noon •Bridge 12:30pm •Bingo & Mahjong 1pm **MALTA** •Cards & Games •Bingo 1-2pm	**26** **ALL CENTERS CLOSED** Thanksgiving Holiday	**27** **ALL CENTERS CLOSED** Thanksgiving Holiday
30 **DEKALB** •Koffee Klutch 9:30-10:30am •Arms, Abs & Legs 11:30am-noon •Vinyasa Yoga noon-1pm **SYCAMORE** •Walkers & Talkers 10-11am •Cards 11am **MALTA** •Cards & Games; VAC box lunch noon				

HOLIDAY HAPPENINGS & NOVEMBER NOTES

Nov. 2 · Class cancellations
No Arms, Abs & Legs or Vinyasa Yoga.

Nov. 5 · DeKalb is open!
Country Store Holiday Pop-Up, 10am-2pm (also Nov. 4).

Nov. 6 · Class cancellation
No Vinyasa Yoga.

Nov. 14 · Makers & Bakers Holiday Market & Fundraiser
10am-2pm at DeKalb Club 55. Shop local and support Club 55!

Nov. 14 · Senior Giving Tree tags available
Pick up at DeKalb/Sycamore Club 55, DeKalb Public Library or Malta Resource Bank.

Nov. 26-27 · All centers closed for Thanksgiving.

Dec. 9 · A 1940's Radio Christmas Carol
Stage Coach Players, 7pm. Complimentary tickets; RSVP required.

Dec. 14 · Giving Tree gifts due
Please wrap gifts and securely attach the wish list tag.

DeKalb: 1915 N. First St. • Malta: 115 S. Third St. • Sycamore: 480 Airport Rd.

Please check Facebook for schedule updates.