



## **Active Parenting 2024**

### **Contact Information:**

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### **Curriculums:**

Active Parenting First Five Years (page 2)

Active Parenting 6 to 12 (page 3)

Active Parenting of Teens (page 4)



**Active Parenting First Five Years** is a 4-week mandated program for court ordered parents. The focus is on explaining ages and stages of development, building a strong bond, your child's growing brain, effective discipline young children can understand and how to prepare for school success. Any parent that is court ordered or who wants to know more information about parenting during the first five years can participate. The goal of **Active Parenting First Five Years** is to provide you with information and tools to aid in parenting techniques that will make positive changes.

The **Active Parenting First Five Years** is held at **1325 Sycamore Rd., DeKalb, IL**. The cost of this program is free of charge. Pre-registration is required for the **Active Parenting First Five Years** program by calling our agency at **(815)758-8616**.

### **Active Parenting First Five Years Dates/Times**

*(Please note dates and times are subject to change)*

#### **Mornings 9-10:15am**

Session 1: Friday, Jan. 26<sup>th</sup>

Session 2: Friday, Feb. 2<sup>nd</sup>

Session 3: Friday, Feb. 9<sup>th</sup>

Session 4: Friday, Feb. 16<sup>th</sup>



**Active Parenting 6 to 12** is a 6-week mandated program for court ordered parents. The focus is on nonviolent discipline that works, communication, defusing power struggles, stimulating independence, teaching responsibility, courage and other important character traits. Any parent that is court ordered or who wants to know more information about parenting during the ages of 5 to 12 years can participate. The goal of **Active Parenting 6 to 12** is to provide you with information and tools to aid in parenting techniques that will make positive changes.

The **Active Parenting 6 to 12** is held at **1325 Sycamore Rd, DeKalb, IL**. The cost of this program is free of charge. Pre-registration is required for the **Active Parenting 6 to 12** program by calling our agency at **(815)758-8616**.

### **Active Parenting 6 to 12 Dates/Times**

*(Please note **dates, times and location** are subject to change)*

#### **Mornings 12-1:30pm**

Session 2: Friday, Jan. 26th

Session 3: Friday, Feb. 2nd

Session 4: Friday, Feb. 16th

Session 5: Friday, Feb. 23rd

Session 6: Friday, March 1st

Session 7: March 8th



**Active Parenting of Teens** is a 6-week mandated program for court ordered parents. The focus is on methods of discipline, skills for clear, honest communication, strategies to prevent risky behavior and how to be an encouraging parent. Any parent that is court ordered or who wants to know more information about parenting during the teenage years can participate. The goal of **Active Parenting of Teens** is to provide you with information and tools to aid in parenting techniques that will make positive changes.

The **Active Parenting of Teens** is held at **1325 Sycamore Road, DeKalb, IL**. The cost of this program is free of charge. Pre-registration is required for the **Active Parenting of Teens** program by calling our agency at **(815)758-8616**

### **Active Parenting of Teens Dates/Times**

*(Please note **dates, times, and location** are subject to change)*

#### **Afternoons 2pm-3:30pm**

Session 2: Friday, Jan. 26th

Session 3: Friday, Feb. 2nd

Session 4: Friday, Feb. 16th

Session 5: Friday, Feb. 23rd

Session 6: Friday, March 1<sup>st</sup>

Session 7: March 8<sup>th</sup>