

OCTOBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Dekalb</p> <ul style="list-style-type: none"> • Koffee Klutch @10 • Tai Chi w/ Kim @10 <p>Sycamore</p> <ul style="list-style-type: none"> • Walkers/Talkers @10 and Cards @11 <p>Malta</p> <ul style="list-style-type: none"> • DVD exercise @10, Cards @11 	<p>3 Dekalb</p> <ul style="list-style-type: none"> • Woodcarving@10:30 • Arts and Chats @ 11 • Pinochle, Euchre, Bridge @12:30 	<p>4 Dekalb</p> <ul style="list-style-type: none"> • Hand and Foot @9:30 • DVD Exercise @10 • Bridge and Mahjong @12:30 • Bingo @1:30 <p>Malta</p> <ul style="list-style-type: none"> • Cards and Bingo @1:30 • UNIVERSAL YUMS TASTING @11 	<p>5</p> <p>Dekalb site open regular hours 9:00-4:30pm</p> <p>Malta and Sycamore sites close at 12pm for an All Staff Meeting</p>	<p>6 Dekalb</p> <ul style="list-style-type: none"> • Classic Film @1 <p>Sycamore</p> <ul style="list-style-type: none"> • Tai Chi w/ Kim @9:30 • Walkers/Talkers @10 • Cards @11 • Gentle Mat Stretch with Linda @11:30 <p>Malta</p> <ul style="list-style-type: none"> • Cards
<p>9 Dekalb</p> <ul style="list-style-type: none"> • Koffee Klutch @10 • Meditation w/ Kim @10 • Vinyasa Flow Yoga with Linda @11:30 • Creative Writing @1 <p>Sycamore</p> <ul style="list-style-type: none"> • Walkers/Talkers @10 and Cards @11 <p>Malta</p> <ul style="list-style-type: none"> • DVD exercise @10, Cards @11 	<p>10 Dekalb</p> <ul style="list-style-type: none"> • Woodcarving@10:30 • Arts and Chats @ 11 • Pinochle, Euchre, Bridge @12:30 	<p>11 Dekalb</p> <ul style="list-style-type: none"> • DVD Exercise @10 • Hand and Foot @9:30 • HALLOWEEN PARTY W/ HOME INSTEAD AND BINGO @1 • Bridge and Mahjong @12:30 <p>Malta</p> <ul style="list-style-type: none"> • Cards and Bingo @1:30 	<p>12 Dekalb</p> <ul style="list-style-type: none"> • Needlework Corner @10 • Pinochle, Euchre, Bridge @12:30 • MOVIE DAY @1- 'MURDER ON THE ORIENT EXPRESS' 	<p>13 Dekalb</p> <ul style="list-style-type: none"> • MEDICARE OPEN ENROLLMENT @12 and Classic Film @1 <p>Sycamore</p> <ul style="list-style-type: none"> • Walkers/Talkers @10 • Cards @11 • Gentle Mat Stretch with Linda @11:30 <p>Malta</p> <ul style="list-style-type: none"> • Cards
<p>16 Dekalb</p> <ul style="list-style-type: none"> • Koffee Klutch @10 • Vinyasa Flow Yoga with Linda @11:30 <p>Sycamore</p> <ul style="list-style-type: none"> • Walkers/Talkers @10 and Cards @11 • HERITAGE WOODS PRESENTATION @11 <p>Malta</p> <ul style="list-style-type: none"> • DVD exercise @10, Cards @11 	<p>17 Dekalb</p> <ul style="list-style-type: none"> • Woodcarving@10:30 • COOKING W/ KRISTIE @11 • Arts and Chats @ 11 • Pinochle, Euchre, Bridge @12:30 	<p>18 Dekalb</p> <ul style="list-style-type: none"> • DVD Exercise @10 • Hand and Foot @9:30 • POTLUCK @12 AND BINGO @1 • Bridge and Mahjong @12:30 <p>Malta</p> <ul style="list-style-type: none"> • Cards and Bingo @1:30 	<p>19 Dekalb</p> <ul style="list-style-type: none"> • Needlework Corner @10 • JONAMAC ORCHARD @10:30 • Pinochle, Euchre, Bridge @12:30 • Flu Vaccine walk in clinic 10-1pm 	<p>20 Dekalb</p> <ul style="list-style-type: none"> • Classic Film @1 <p>Sycamore</p> <ul style="list-style-type: none"> • Chair Yoga w/ Kim @9:30 • Walkers/Talkers @10 • DONUTS W/ THE DIRECTOR @11 and cards • Gentle Mat Stretch with Linda @11:30 <p>Malta</p> <ul style="list-style-type: none"> • Flu Vaccine walk in clinic 10-12pm
<p>23 Dekalb</p> <ul style="list-style-type: none"> • Koffee Klutch @10 • Chair Yoga w/Kim @10 • Vinyasa Flow Yoga with Linda @11:30 <p>Sycamore</p> <ul style="list-style-type: none"> • Walkers/Talkers @10 • Cards @11 <p>Malta</p> <ul style="list-style-type: none"> • DVD exercise @10, Cards @11 	<p>24 Dekalb</p> <ul style="list-style-type: none"> • Woodcarving@10:30 • Arts and Chats @ 11 • NIFB FOOD PANTRY @11-12:30 • Pinochle, Euchre, Bridge @12:30 • PRAIRIE STATE LEGAL @1 	<p>25 Dekalb</p> <ul style="list-style-type: none"> • DVD Exercise @10 • Hand and Foot @9:30 • Bridge and Mahjong @12:30 • Bingo @1:30 <p>Malta</p> <ul style="list-style-type: none"> • Cards and Bingo @1:30 	<p>26 Dekalb</p> <ul style="list-style-type: none"> • Needlework Corner @10 • AUTUMN NATURE WALK @10 • APPLE NACHO BAR W/ HERITAGE WOODS @11 • Pinochle, Euchre, Bridge @12:30 	<p>27 Dekalb</p> <ul style="list-style-type: none"> • Classic film @1 <p>Sycamore</p> <ul style="list-style-type: none"> • Chair Yoga w/ Kim @9:30 • Walkers/Talkers @10 and Cards @11 • Gentle Mat Stretch with Linda @11:30 <p>Malta</p> <ul style="list-style-type: none"> • Cards
<p>30 Dekalb</p> <ul style="list-style-type: none"> • Koffee Klutch @10 • Vinyasa Flow Yoga with Linda @11:30 <p>Sycamore</p> <ul style="list-style-type: none"> • Walkers/Talkers @10 • Cards @11 <p>Malta</p> <ul style="list-style-type: none"> • DVD exercise @10, Cards @11 	<p>31 Dekalb</p> <ul style="list-style-type: none"> • Woodcarving @10:30 • Arts and Chats @ 11 • Pinochle, Euchre, Bridge @12:30 	<p>1 Dekalb</p> <ul style="list-style-type: none"> • DVD Exercise @10 • Hand and Foot @9:30 • Bridge and Mahjong @12:30 • Bingo @1:30 <p>Malta</p> <ul style="list-style-type: none"> • Cards and Bingo @1:30 	<p>2</p> <p>ALL SITES CLOSED at 12pm for an All Staff Meeting</p>	<p>3 Dekalb</p> <ul style="list-style-type: none"> • Classic Film @1 <p>Sycamore</p> <ul style="list-style-type: none"> • Walkers/Talkers @10 • Cards @11 • Gentle Mat Stretch with Linda @11:30 <p>Malta</p> <ul style="list-style-type: none"> • Cards