

SEPTEMBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29 Dekalb <ul style="list-style-type: none"> • Woodcarving@10:30 • Pinochle, Euchre, Bridge @12:30 Genoa <ul style="list-style-type: none"> • Cards 	30 Dekalb <ul style="list-style-type: none"> • Hand and Foot @9:30 • DVD Exercise @10 • Arts and Chats @ 11 • ROCHELLE HOSPITAL PRESENTATION @11 • Bridge and Mahjong @12:30 • Bingo @1:30 Malta <ul style="list-style-type: none"> • Cards and Bingo @1:30 	31 Dekalb <ul style="list-style-type: none"> • Pinochle, Euchre, Bridge @12:30 Genoa <ul style="list-style-type: none"> • DVD Exercise @10 and Cards 	1 Dekalb <ul style="list-style-type: none"> • Classic Film @1 Sycamore <ul style="list-style-type: none"> • Walkers/Talkers @10 • Cards @11 • Gentle Mat Stretch with Linda @11:30 Malta <ul style="list-style-type: none"> • Cards
4 ALL SITES CLOSED for LABOR DAY	5 Dekalb <ul style="list-style-type: none"> • Woodcarving@10:30 • Pinochle, Euchre, Bridge @12:30 Genoa <ul style="list-style-type: none"> • Cards • UNIVERSAL YUMS TASTING @11 	6 Dekalb <ul style="list-style-type: none"> • DVD Exercise @10 • Hand and Foot @9:30 • Arts and Chats @ 11 • Bridge and Mahjong @12:30 • Bingo @1:30 Malta <ul style="list-style-type: none"> • Cards and Bingo @1:30 	7 • Donuts with the Directors@10 ALL SITES CLOSED at 12pm for an All Staff Meeting	8 Dekalb <ul style="list-style-type: none"> • SANDWICH FAIR @10:30 • Classic Film @1 Sycamore <ul style="list-style-type: none"> • Tai Chi w/ Kim @9:30 • Walkers/Talkers @10 • Cards @11 • Gentle Mat Stretch with Linda @11:30 Malta <ul style="list-style-type: none"> • Cards
11 Dekalb <ul style="list-style-type: none"> • Koffee Klutch @10 • Tai Chi w/ Kim @10 • WAFFLE BAR BRUNCH @11 • Vinyasa Flow Yoga with Linda @11:30 • Creative Writing @1 Sycamore <ul style="list-style-type: none"> • Walkers/Talkers @10 and Cards @11 Malta <ul style="list-style-type: none"> • DVD exercise @10, Cards @11 	12 Dekalb <ul style="list-style-type: none"> • Woodcarving@10:30 • Pinochle, Euchre, Bridge @12:30 Genoa <ul style="list-style-type: none"> • Cards 	13 Dekalb <ul style="list-style-type: none"> • DVD Exercise @10 • Hand and Foot @9:30 • Arts and Chats @ 11 • Bridge and Mahjong @12:30 • POTLUCK @12 and Bingo @1 Malta <ul style="list-style-type: none"> • Cards and Bingo @1:30 	14 Dekalb <ul style="list-style-type: none"> • Needlework Corner @10 • Pinochle, Euchre, Bridge @12:30 • MOVIE DAY- 'Remember the Titans' @1 Genoa <ul style="list-style-type: none"> • DVD Exercise @10 • Cards 	15 Dekalb <ul style="list-style-type: none"> • Classic Film @1 Sycamore <ul style="list-style-type: none"> • Chair Yoga w/ Kim @9:30 • Walkers/Talkers @10 • Cards @11 • Gentle Mat Stretch with Linda @11:30 Malta <ul style="list-style-type: none"> • Cards
18 Dekalb <ul style="list-style-type: none"> • Koffee Klutch @10 • Meditation w? Kim @10 • Vinyasa Flow Yoga with Linda @11:30 Sycamore <ul style="list-style-type: none"> • Walkers/Talkers @10 • Cards @11 Malta <ul style="list-style-type: none"> • DVD exercise @10, Cards @11 	19 Dekalb <ul style="list-style-type: none"> • Woodcarving@10:30 • COOKING W/ KRISTIE @11 • Pinochle, Euchre, Bridge @12:30 Genoa <ul style="list-style-type: none"> • Cards • ELDER CARE PRESENTATION @10 	20 Dekalb <ul style="list-style-type: none"> • DVD Exercise @10 • Hand and Foot @9:30 • Arts and Chats @ 11 • Bridge and Mahjong @12:30 • Bingo @1:30 Malta <ul style="list-style-type: none"> • Cards and Bingo @1:30 	21 Dekalb <ul style="list-style-type: none"> • Needlework Corner @10 • Pinochle, Euchre, Bridge @12:30 Genoa <ul style="list-style-type: none"> • DVD Exercise @10 • Cards 	22 Dekalb <ul style="list-style-type: none"> • SITE CLOSED FOR SENIOR SAFETY & PREVENTION FAIR • Classic film @1 Sycamore <ul style="list-style-type: none"> • Walkers/Talkers @10 and Cards @11 • Gentle Mat Stretch with Linda @11:30 Malta <ul style="list-style-type: none"> • Cards
25 Dekalb <ul style="list-style-type: none"> • Koffee Klutch @10 • Chair Yoga w/ Kim @10 • Vinyasa Flow Yoga with Linda @11:30 Sycamore <ul style="list-style-type: none"> • Walkers/Talkers @10 • Cards @11 Malta <ul style="list-style-type: none"> • DVD exercise @10, Cards @11 	26 Dekalb <ul style="list-style-type: none"> • NIFB FOOD PANTRY @11-12:30 • Woodcarving @10:30 • Pinochle, Euchre, Bridge @12:30 • PRAIRIE STATE LEGAL @1 Genoa <ul style="list-style-type: none"> • Cards 	27 Dekalb <ul style="list-style-type: none"> • DVD Exercise @10 • Hand and Foot @9:30 • Arts and Chats @ 11 • Bridge and Mahjong @12:30 • BETHANY REHAB PRESENTATION @12 and Bingo @1:30 Malta <ul style="list-style-type: none"> • Cards and Bingo @1:30 	28 Dekalb <ul style="list-style-type: none"> • Needlework Corner @10 • Pinochle, Euchre, Bridge @12:30 Genoa <ul style="list-style-type: none"> • DVD Exercise @10 • Cards 	29 Dekalb <ul style="list-style-type: none"> • Classic Film @1 Sycamore <ul style="list-style-type: none"> • Chair Yoga w/ Kim @9:30 • Walkers/Talkers @10 • Cards @11 • Gentle Mat Stretch with Linda @11:30 Malta <ul style="list-style-type: none"> • Cards