

DeKalb County Resource Directory



Community Action Program
Family Service Agency of DeKalb County
1325 Sycamore Rd
DeKalb, Illinois 60115
(815) 758-8616
www.fsadekalbcounty.org

This directory has been compiled for your use by the DeKalb County Community Action Program that is funded by a Community Services Block Grant through the State of Illinois Department of Commerce and Economic Opportunity.

The Program also maintains an informational and referral service with additional available service providers. If you do not find a resource in this directory to meet your needs or require additional information, we encourage you to call us at the phone number listed above. We will make every effort to locate the nearest service available.

Due to ever changing service availability this directory may not have all current assistance information. We welcome any additions, corrections, and suggestions to be sent to us by using our website contact message, phone call, or email to info@fsadekalbcouty.org.

Illinois 2-1-1

Get connected with essential community, health, and human service assistance. Call 2-1-1 or visit <http://www.navigateresources.net/path/> to access an online database to search for basic needs, crisis and mental, financial assistance, health care, support groups, and others. This fast, free, confidential resource finder provides access to information, referrals, and crisis response. Due to difference in phone service and wireless providers, callers who experience difficulty contacting 2-1-1 may call direct (toll-free) 888-865-9903.

Crisis, Information, and Referral Workers can be reached 24 hours a day, 7 days a week, 365 days per year by calling United Way 2-1-1.

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Zip codes for DeKalb County

**ALWAYS DIAL 911
IN ANY KIND OF
EMERGENCY
FIRE, POLICE, OR
AMBULANCE!**

Amboy	61310
Byron	61010
Clare	60111
Cortland	60112
Creston	60113
Davis Junction	61020
DeKalb	60115
Earlville	60518
Esmond	60129
Genoa	60135
Hinckley	60520
Kingston	60145
Kirkland	60146
Lee	60530
Leland	60531
Lindenwood	60149
Malta	60150
Maple Park	60151
Monroe Center	61052
Oregon	61061
Paw Paw	61353
Rochelle	61068
Sandwich	60548
Shabbona	60550
Somonauk	60552
Sycamore	60178
Waterman	60556

EMERGENCY CRISIS INTERVENTION

AID Crisis Text Line (833) 243-8398
*24/7 text line to provide mental health support
and referrals to other human service agencies.*

Ben Gordon Center (866) 242-0111
*24/7 Crisis Hotline. Emergency counseling,
information, and referral services.*

Child Abuse Hot Line (800) 252-2873
*24-hour hotline to report possible child abuse/
neglect.*

**Elder Abuse
Elder Care Services** (815) 758-6550
*Investigates reported elder abuse, provides in-
formation and referrals for elder assistance.*

**Family Service Agency
Center for Counseling** (815) 758-8616
*Emergency counseling, information, and referral
services.*

Prenatal Depression Hotline (800) 843-6154

**Rape Crisis-Rape Abuse Incest
National Network Hotline** (800) 656-4673
Hotline for victims of rape, abuse, and incest

Safe Passage (815) 756-5228
*24-hour hotline. Housing for abused women and
children. Other services include: domestic coun-
seling, sexual assault and abuse counseling, or-
ders of protection, children services and abuser
groups.*

Sexual Assault/Abuse (815) 756-5228
Advocacy for victims and family members.

Suicide Prevention (800) 784-2433
24-hour suicide prevention hotline.

Youth Helpline (800) 232-3798

Townships

The office of your township supervisor administers the General Assistance Program of financial assistance for residents who are not eligible for any other federal or state assistance.

Afton Township

(815) 739-0010

Randall Bourdages, Supervisor
10315 Keslinger Rd, DeKalb
aftonsupervisor@hotmail.com

Clinton Township

(815) 264-3689

MaryAnn Erickson, Supervisor
P.O Box 231 , Waterman
ctdksupervisor@gmail.com

Cortland Township

(815) 756-1500

DaNee Walker, Supervisor
14 South Prairie St., Cortland
Cortlandtownship@gmail.com

DeKalb Township

(815) 758-8282

Mary Hess, Supervisor
2323 South 4th St., DeKalb
mhess@dekalbtownship.org

Franklin Township

(815) 456-5307

Vincent Kilcullen, Supervisor
505 Hortense Rd, Kirkland
vkilcullen@algonquin.org

Genoa Township

(815) 784-6044

Jim Hanson, Supervisor
P.O Box 153, Genoa
Jimh.genoatownship@yahoo.com

Kingston Township

(815) 570-7173

Ken Peterson, Supervisor
2020 Johnson Court, Kingston
Kingston.Township@yahoo.com

Malta Township

(815) 757-6942

James Nelson, Supervisor
P.O Box 303., Malta
MaltaTwpLL@aol.com

Mayfield Township

(815) 895-9616

Joe Totman, Supervisor
26374 Clare Rd., Clare
Totman.Grain@yahoo.com

Magnolia Township

(815) 869-7931

Sarah Knapp, Supervisor
P.O Box 152, Magnolia
sarahclark25@hotmail.com

Paw Paw Township

(815) 246-9737

Judy Svendsen, Supervisor
1760 Whitman Rd., Earville

Pierce Township

(815) 827-3302

Dan Carson II, Supervisor
13441 Hinckley Rd., Hinckley
dan@barcarmfg.com

Sandwich Township

(815) 786-6758

Gary Miller, Supervisor
201 W. Center St., Sandwich
miller8742@yahoo.com

Shabbona Township

(815) 824-2497

James Johnson, Supervisor
8705 Shabbona Rd., Shabbona
TRESITECT@aol.com

Somonauk Township

(815) 498-9138

Norm Rogers, Supervisor
P.O Box 15., Somonauk
rogersn64@gmail.com

South Grove Township

(815) 739-1863

Barbara Koehnke, Supervisor
26455 Schafer Rd., Clare
southgrovetownship@gmail.com

Squaw Grove Township

(630) 277-3234

George Bullard, Supervisor
P.O Box 1266., Hinckley
SQUAWGROVE@GMAIL.COM

Sycamore Township

(815) 895-3766

Amy Mathey, Supervisor
545 Brickville Rd., Sycamore

Victor Township

(815) 252-3760

Mary Kohler, Supervisor
8308 Sanderson Road, Leland
Supervic2017@gmail.com

Welcome to the DeKalb County Forest Preserve District

DeKalb County Forest Preserve District was established in 1942 to provide recreational opportunities, to preserve our natural plants and animal life for both public enjoyment and education, and for the protection of our natural heritage. In all seasons, the DeKalb County Forest Preserve District offers a wide variety of activities and beautiful settings.

Adee's Woods: 4106 Old State Road, Kirkland. Sits on a bluff 35 feet above Owens Creek with a single trail that winds south to the bluff overlooking the picturesque creek. Includes; 10 acres, hiking trails, and picnic areas

Afton Preserve: 13600 Crego Road, DeKalb. DeKalb County's largest forest preserve. "National hot spot" for bird watching with over 245 species of birds observed there since 2004. Includes: A mix of prairie, trees, shrubs, wetlands, stream, pond, grasslands and open space, 316-acres, handicap access, observation deck, cross country skiing, hunting, fishing, historic area, open play fields, picnic areas, playground, enclosed shelter, open air shelters, water, and restrooms

Chief Shabbona Forest Preserve: 4490 Preserve Road, Shabbona. Hugs the northeastern border of Shabbona Lake State Park. Once home to the namesake and his Potawatomi tribe. Includes: 88 acres, handicap access, cross country skiing, hiking, historic site, open play fields, picnic areas, playground, enclosed shelters with wood stoves, snowmobiling, water, and restrooms

County Farm Wood: 2305 State Route 23, Dekalb. Tucked behind a shopping center along Sycamore Rd, it can be accessed by a loop trail along the DeKalb Park District Nature Trail. Includes: 9 acres, handicap access, hiking, and biking

DeKalb/Sycamore Trail: 955 E State St, Sycamore. Six mile asphalt paved trail connects to the DeKalb Park District trails and to the city of Sycamore. A shared street/bike route directs you to Sycamore Park, Sycamore Forest Preserve and the Great Western Trail. Includes: 6 miles, handicap access, cross country skiing, hiking, biking, picnic areas, and snowmobiling

The Great Western Trail: Connects with a system of other trails that run almost to Chicago, sits on the old Great Western Railroad right-of-way for 3.5 miles in DeKalb County and 14 miles in Kane County from the Sycamore Forest Preserve trail head. Includes: 17 mile nature trail (DeKalb and Kane counties), biking, hiking, and snowmobiling

Hoppe Heritage Farmstead/South Branch Prairie: 31966 Pleasant Hill Road, Kingston. Location of the relocated and re-constructed 1845 Miller-Elwood log cabin. Recognized nationally by the Natural Resources Conservation Service as an especially high quality wetland restoration. Includes: 60 acres, handicap access, cross country skiing, fishing, hiking, historic property, picnic areas, and water

Knute Olson, Jr. Forest Preserve: 12595 Base Line Road, Kingston. Former gravel quarry site has two nice woodlands – a floodplain forest and an upland forest, it is a good spot for Smallmouth Bass and Northern Pike fishing. Includes: 26 acres, handicap access, canoeing, cross country skiing, fishing, hiking, open play fields, picnic areas, open air shelters, water, and restrooms

MacQueen Forest Preserve: 3640 Scout Road, Kirkland. A former boy scout camp. A 100 foot bluff, too steep to walk, drops to the South Branch Kishwaukee River – a run where the river flows across limestone bedrock and the drops over The Great Kishwaukee Falls: an eroded fracture straight across the river's bed that allows the water to crash straight over the precipice before falling six inches to the bedrock below. Includes: 48 acres, handicap access, tent camping, cross country skiing, canoeing, hiking, open field areas, fishing, picnic areas, playground, enclosed shelters, open air shelters, water, and restrooms

Welcome to the DeKalb County Forest Preserve District...continued...

Merritt Prairie: 14401 Keslinger Road, DeKalb. The old one-room Pierce Town Hall building sits near the preserve entrance. Includes: 56 acres, cross country skiing, hiking, and picnic areas

P.A. Nehring Preserve: 380 Bethany Road, DeKalb. A couple blocks from the hubbub of DeKalb and Sycamore commercial districts. Includes: 28 acres, handicap access, hiking, fishing, picnic areas, cross country skiing, open play field, open air shelter, restrooms, and water

Potawatomi Woods: 32199 Kirkland Road, Kirkland. The second largest of our county forest preserves. Canoe launch enters the river at the bridge to the adjoining Kishwaukee River State Fish and Wildlife Area. A one mile hike will get you to a bridge across Kingsbury Creek, and into the MacQueen preserve. Includes: 300 acres, handicap access, canoeing, hiking, fishing, cross country skiing, picnic areas, playground, open air shelters, and restrooms

Prairie Oaks Preserve & Swanson Grove: 7535 Cherry Valley Road, Kingston. There are a couple miles of mowed trails, 1.5 acres of mowed picnic areas with tables, occasional benches, and a 750 foot trail to an overlook. Includes: 43 acres, handicap access, hiking, cross country skiing, picnic areas, Oak Savannah, wetland, fen, stream, prairie and forest habitat, outdoor activities, environmental education, sledding hill, restrooms, and water

Russell Woods: 11750 State Rte. 72, Genoa. The Natural Resources Education Center houses the University of Illinois Extension Outdoor Education Programs that serve 5,000 children and adults every year on site and with classroom visits. This site is designated a "unique aquatic resource" by the Illinois Department of Natural Resources and the Illinois Natural History Survey. There is a trail that takes visitors to the adjoining Hoppe Heritage Farmstead and South Branch Prairie. Includes: 126 acres, handicap access, cross country skiing, hiking, biking, canoeing, fishing, natural resource center, open play fields, picnic areas, playground, enclosed shelters, sledding hill, restrooms, and water

Sannauk Forest Preserve: 15250 US Hwy 34, Somonauk. Situated right next to LaSalle County, between the cities of Sandwich and Somonauk. It had been a golf course until sometime during the great depression. A 1.5 mile limestone trail, Somonauk Trail, connects the Village of Somonauk (trailhead at the Somonauk Library) to Sannauk Forest Preserve. Includes: 73 acres, handicap access, cross country skiing, fishing, hiking, historic site, open play fields, picnic areas, playground, enclosed shelter, open air shelters, sledding hill, restrooms, and water

Somonauk Trail: 15250 US-34, Sandwich. A 1.5 mile limestone trail connects the Village of Somonauk (trailhead at the Somonauk Library) to Sannauk Forest Preserve. 1.5 miles, open sunrise to sunset, handicap accessible, biking, hiking, running, and cross country skiing

Sycamore Forest Preserve: 955 E State St, Sycamore. Near downtown Sycamore businesses and Sycamore Park District Golf Course. The former Evergreen Village Mobile Home Park, a federal FEMA grant helped acquire the property. The Great Western Trail has been extended another half mile west into this preserve and will be the new trailhead area. The East Branch Kishwaukee River flows along the preserve's western flank. Includes: 60 acres, open air shelters, picnic areas, handicap accessibility, cross country skiing, hiking, fishing, and biking

Wilkinson-Renwick Marsh: 25855 Glidden Rd, Claire. The only state-dedicated Natural Area. One of the very few undrained, unfilled, unfarmed prairie pothole marshes in the entire Grand Prairie Region. A chunk of glacier took a long time to melt, and left a hole in the ground. Later, two railroad lines crossed here; there was a station (only the foundation remains) and livestock pens for transferring animals from one line to another. There is an observation deck at the marsh. Includes: 46 acres, handicap access, hiking, and picnic areas

Adoption

Adoption Center of Illinois (773) 334-2300
at Family Resource Center
5828 N. Clark St, Chicago, IL 60660
<https://www.adoptioncenterofillinois.org/>

Catholic Charities USA (312) 655-7700
721 N Lasalle St, Chicago, IL 60654
<https://www.catholiccharitiesusa.org/>

Children's Home and Aid (815) 962-1043
424 7th St, Rockford, IL 60114
<https://www.childrenshomeandaid.org/adoption-services/>

Holt Sunny Ridge (630) 754-4500
270 Remington Blvd, Suite D, Bolingbrook IL 60440
<http://www.holtsunnyridge.org/>

Lutheran Social Services of Illinois (815) 969-8836
(LSSI) Multiple Locations
<https://www.lssi.org/>

Aurora Children's Program (630) 896-2714
85 Hankes Ave., Aurora

Rockford Children's Program (815) 969-8836
308 W. State St., Suite 250, Rockford

St. Mary's Services (847) 870-8181
510 N Plum Grove Rd, Palatine, IL 60067
<https://www.stmaryservices.com/>

The Cradle (847) 475-5800
1525 E. 53rd St, Chicago, IL 60615
<https://www.cradle.org/>

Animal Hospitals/Clinics

Bethany Animal Hospital (815) 756-8925
2400 Bethany Rd, Sycamore
Hours: Mon, Wed, & Thurs 7:30am to 7:30pm
Tuesday 7:30am to 12:00pm & 2:00pm to 6:00pm
Fri 7:30am to 5:30pm Sat 8:00am to 1:00pm
<https://www.bethanyvet.com/>

Cortland Animal Hospital (815) 748-8040
13669 State Rte. 38, DeKalb
Hours: Mon, Wed, & Fri 8:00am—5:00pm
Tues & Thurs 8:00am—7:00pm
Saturday 8:00am—1:00pm
<https://cortlandvet.com/>

Prairie View Animal Hospital (815) 756-9976
24 Rich Rd, DeKalb
Hours: Mon, Wed, Fri 8:00am—5:00pm
Tues & Thurs 8:00am—5:00pm
Saturday 8:00am-12:00pm
<https://www.pvahosp.com/>

Sycamore Animal Hospital (815) 899-9148
310 E. State St., Sycamore
Hours: Monday thru Friday 8:00am—6:00pm
Saturday 8:00am—1:00pm
<https://sycamoreanimalhospital.net/>

Animal Shelters/Adoption

Animal Control (815) 748-2427
at DeKalb County Health Department
2500 N. Annie Glidden Rd, DeKalb
Hours: Monday—Friday 8:00am to 4:30pm
<https://health.dekalbcounty.org/services/animal-control/>

T.A.I.L.S. Humane Society (815) 758-2457
2250 Barber Greene Rd, DeKalb
Hours: Monday—Friday 12:00pm to 7:00pm
Saturday & Sunday 12:00pm to 5:30pm
<https://www.tailshumanesociety.org/specialupdate/>

The Barn on Baseline Animal Shelter & Adoption Center (815) 784-5924
16173 Baseline Rd, Genoa
Hours: Monday—Friday 8:00am to 12:00pm
& 1:30pm to 4:30pm
Saturday & Sunday 8:30am to 12:00pm
<http://www.thebarnonbaseline.org/>

Animal Health (low cost)

Spay Illinois (630) 961-8000
2765 Maple Avenue, Lisle
Spay Illinois operates to end pet homelessness by empowering pet owners and shelters with the resources that they need to be successful. We believe that no pet should ever be denied quality preventative care due to the financial circumstances of their family and we work hard to provide people the tools and resources they need to provide their pets with care they can afford. We offer our services to all pet owners and rescue groups, but strategically focus our programs and initiatives to benefit pets in poverty and those without homes.
<https://www.spayillinois.org/>

Breastfeeding

WOMEN, INFANTS AND CHILDREN (WIC) PROGRAM

at DeKalb County Health Department
2550 N. Annie Glidden Road (815) 748-2402
<https://health.dekalbcounty.org/services/women-infants-and-children-wic/>

BREASTFEEDING CENTER (815) 766-9086

at NM Kish Hospital 1 Kish Hospital Dr., DeKalb
Support group, warm line, consultations, classes,
and Facebook group.
<https://www.nm.org/locations/kishwaukee-hospital-breastfeeding-center>

Children's Home and Aid (815) 899-0137

1430 DeKalb Ave., Sycamore

Doula

Office #: (815) 900-2352

Central Region

155 N. 3rd Street DeKalb

The Doula Program serves as a highly effective program in the deterrence of child abuse and neglect. Through positive, persistent, outreach services and in-home visits, vulnerable parents learn about pregnancy, labor and delivery, and postpartum care.

<https://www.childrenshomeandaid.org/parenting/healthy-start/>

Business Services

Better Business Bureau Of Northern Illinois

(815) 963-2222

401 W. State St., #500, Rockford

A non-profit corporation that provides consumer educational information, fosters ethical advertising, and selling practices.

<https://www.bbb.org/About-BBB/>

DeKalb Chamber of Commerce (815) 756-6306

130 W. Lincoln Hwy, Suite 200, DeKalb

The mission of the DeKalb Chamber of Commerce is: To serve and advance business interests of the Greater DeKalb Region. Driven by the interests of our members, the DeKalb Chamber of Commerce continues to expand and evolve to meet the needs through providing a wide variety of opportunities to assist our members to grow their business and contribute to the economic stability of the community. Providing businesses in the Greater DeKalb Region with valuable resources, serving as an advocate for business needs, and offering avenues to build business networking are all ways that the DeKalb Chamber of Commerce is working to better serve the community.

<https://www.dekalb.org/>

DeKalb County Business Incubator

2500 N. Annie Glidden, DeKalb (815) 787-8999
Community Outreach Building Creative Center, # F
The Mission of the DeKalb County Business Incubator is to foster and support, in an office environment, the initial development of new ideas by emerging entrepreneurs which can then evolve into a successful business for them and add to permanent/long-term economic growth throughout DeKalb County, Illinois.

<https://dekalbcounty.org/departments/community-development/economic-development/business-incubator/>

DeKalb County Economic Development Corp.

(DCEDC) (815) 895-2711

2179 Sycamore Rd., #102, DeKalb

Provides services to promote the economic development of DeKalb County.

<https://dcedc.org/>

SCORE Association

(800)-634-0245

Fox Valley Office in Resource Bank (815) 748-1969
755 S. Annie Glidden Rd, DeKalb

For over 50 years, SCORE has served as America's premier source of free business mentoring and education. As a resource partner of the U.S. Small Business Administration (SBA), SCORE has helped more than 11 million entrepreneurs through mentoring, workshops and educational resources since 1964.

<https://foxvalley.score.org/?>

[_ga=2.245057549.948333123.1588015834-2023896482.1588015834](https://foxvalley.score.org/?_ga=2.245057549.948333123.1588015834-2023896482.1588015834)

Department of Commerce & Economic Opportunity

(312) 814-7179

100 W. Randolph Street, Suite 3-400, Chicago

Our mission is to support and maintain a climate that enables a strong economy for our customers - taxpayers, businesses, workers and communities - by keeping, attracting and growing businesses, maintaining a skilled workforce, and enhancing communities so that the climate here is one in which businesses, small and large, and workers, can succeed to the greatest extent possible.

<https://www2.illinois.gov/dceo/AboutDCEO/Pages/default.aspx>

Small Business Development (815) 825-9106
at Kishwaukee College 21193 Malta Rd, Malta

Assistance is offered for business start-ups, business plans, loan sources, management, marketing, cash flow, accounting, and taxes. Also provides in-service training and retraining for employment in private and public companies.

<https://kish.edu/search-results?query=business+development>

Small Business Development
at Waubensee College (630) 466-7900
18 S. River St., Aurora

Through the SBDC, small business owners, both prospective and existing, can obtain essential management, marketing and financial coaching. We offer no-cost one-on-one coaching and a wide variety of low-cost events and workshops to help make your business a success.

<https://www.waubensee.edu/community-offerings/illinois-small-business-development-center-waubensee>

State of Illinois Business Portal
<https://www2.illinois.gov/business>

Provides information and links for many business needs. Including: manage your business, manage your employees, consumers, registration-licenses-permits, multiple service links, multiple agency links, and latest news.

Sycamore Chamber of Commerce (815) 895-3456
407 W. State St., #10, Sycamore
Hours: Mon thru Fri 8:30am–4:30pm

The Chamber was formed in 1915 by dedicated business owners who wanted to make a difference in the growth of the community. Today membership is still growing strong. The spirit of the business community and local organizations contribute to the vitality and energy of Sycamore. The Chamber's strength lies in its membership base, made up of both large and small businesses, including virtually every profession in the Sycamore area. This diversity in membership influences the direction of the Chamber's many programs, and provides the ideas, talent, and finances needed to keep the chamber an action-oriented voice for business.

<https://sycamorechamber.com/>

U.S. Small Business Administration
(SBA) <https://www.sba.gov/>
Created in 1953, the U.S. Small Business Administration (SBA) continues to help small business owners and entrepreneurs pursue the American dream. The SBA is the only cabinet-level federal agency fully dedicated to small business and provides counseling, capital, and contracting expertise as the nation's only go-to resource and voice for small businesses.

Car Seat Safety Check

Cortland Police Dept. (815) 756-2558
250 S Halwood Street, Cortland

DeKalb Police Dept. (815) 748-8400
700 W Lincoln Highway, DeKalb

Sycamore Police Dept. (815) 895-3435
535 DeKalb Ave, Sycamore

Nearly all local fire departments can do car seat safety checks as well. Please call your department to confirm service or schedule an appointment.

Child Abuse

CASA DeKalb County, Inc. (815) 895-2052
Court Appointed Special Advocates
407 W. State St., #6, Sycamore

Compassion for children – a sympathetic consciousness of others' distress together with a desire to alleviate it.

Advocacy for justice for abused and neglected children in the juvenile court system.

Service to the community built on trust and responsibility.

Acknowledgement and Respect of others diverse cultures, lifestyles and spirituality.

CASA trains local citizens as advocates for abused and neglected children who have cases pending in the DeKalb County Juvenile Court.

<https://casadekalb.org/>

Children's Advocacy Center (815) 756-8616

at Family Service Agency of DeKalb County
1325 Sycamore Rd., DeKalb

"We believe every child that has been abused deserves a safe place to be heard."

The Children's Advocacy Center (CAC) acts as a neutral, third-party hub whose purpose is coordinating services and safe, child-sensitive support to children and their non-offending family members. Research shows the CAC's one-time interview with a specially trained forensic interviewer relieves some of the additional trauma the child would experience with several separate interviews. The CAC also provides: referrals for medical treatment, trauma assessments, referrals for counseling and caregiver education through the CAC, in-person support during court proceedings, and community prevention and awareness presentations.

<https://www.fsadecalbcounty.org/cac>

Department of Children & Family Services (DCFS)

760 Peace Rd., DeKalb (815) 787-5300
Child Abuse Hotline (800) 252-2873

The mission of Illinois DCFS is to protect children who are reported to be abused or neglected and to increase their families' capacity to safely care for them; provide for the well-being of children in our care; provide appropriate, permanent families as quickly as possible for those children who cannot safely return home; support early intervention and child abuse prevention activities and work in partnerships with communities to fulfill this mission.

<https://www2.illinois.gov/dcfs/Pages/default.aspx>

Salvation Army (815) 756-4308

830 Grove St., DeKalb

The Cascade Women's and Children's Center

We provide immediate assistance to victims of domestic violence and put them on the path to independence at this 24-hour shelter specifically designed for women and children escaping domestic abuse. The center provides everything from health referrals, counseling, and transportation to GED certification programs, parenting classes, employment assistance, and permanent housing placement. We also offer children a nurturing environment in a therapeutic preschool program. The location of the facility is kept private for the safety of our clients.

<https://www.salvationarmyusa.org/usn/stop-domestic-abuse/>

Child Care

4-C: Community Coordinated Child Care

155 N. Third St., #300, DeKalb (815) 758-8149

4-C is a private not-for-profit social service agency that for more than 45 years has helped families and child care providers by offering services and resources that include Child Care Financial Assistance, Resource and Referral for Child Care, Parent and Provider Professional Development, the Child Care Food Program, Family Support as well as nursing, social work, mental health, Quality and Infant Toddler Specialists. The agency also advocates on behalf of children, families and Early Care and Education Providers. The 4-C mission is to promote children's well-being by advocating for quality, affordable, accessible child care. We support families and those providing child care by offering information, education, resources and services.

<https://www.four-c.org/>

Child Development and Family Center

at Northern Illinois University (815) 753-0125
Gabel Hall; 245 University Circle, DeKalb

The center is dedicated to providing high-quality care to the children of NIU students, NIU faculty and staff, and community members. It also offers students and faculty valuable opportunities for research and observation in child development.

<https://www.chhs.niu.edu/child-center/index.shtml>

Children's Learning Center (815) 756-3506

Main Center: 905 S. Fourth St., DeKalb

Littlejohn: 1221 School St., DeKalb

Hours: Mon thru Friday 6:35am–5:30pm

CLC is a not-for-profit child care center providing educational programs for children six weeks to twelve years of age. Provides high quality, comprehensive early education and child care in a safe and nurturing environment for DeKalb area families.

<https://www.clcdaycare.org/>

Creative Kids Connection (815) 901-0376

530 Charter St., DeKalb

Hours: 6:30am–5:30pm, Mon thru Fri

The directors have over a decade of experience in child care and have been local in the community for over 20 years. A unique feature of our curriculum will be 30 minutes of structured exercise time. This daily exercise will be fun and different every day. The center will have a morning group/story time, daily art activities, outside time, and a variety of sensory experiences. Ages 6 months up to 6 years.

<https://creative-kids-connection.business.site/>

Hillcrest Drive KinderCare (815) 758-1541

207 E Hillcrest Dr., Dekalb

Hours: 6:30am to 6:00pm, Mon thru Fri

We're more than educators. We help families build confidence for life. Our programs give children a foundation they can build on. Wherever they go after they leave KinderCare, they'll be ready to think bigger, feel stronger, and aim higher. Ages 6 weeks to 12 years.

<https://www.kindercare.com/>

Kishwaukee Family YMCA (815) 756-9577

2500 W. Bethany Rd., Sycamore

<https://kishymca.org/>

Preschool Programs

The Kishwaukee Family YMCA is proud to offer a safe, educational and nurturing environment for preschool children ages 2 through 5 years. We strive to provide a stimulating classroom environment that fosters learning as well as curiosity, creativity, and compassion for others, regardless of backgrounds. All of the Kishwaukee Family YMCA Preschool Staff are certified in First Aid and CPR for infants, children, and adults. All of our staff are DCFS mandated reporters and certified in Child Abuse Prevention.

Tadpoles (2 Year Olds)

In Tadpoles, children will meet 2 days a week and will develop skills in listening, following directions and sharing. This class also includes further development of large motor skills, as well as beginning age-appropriate educational basics such as color, letter and number recognition.

Leap Frogs (3-4 Year Olds)

In Leap Frogs, children will meet 2 days a week and will continue to grow their listening and following directions skills, while developing fine motor skills such as writing and using scissors. Further letter and sound recognition is incorporated into daily lessons, and social skills and independence are important skills for this class. Additional swimming enrichment is included weekly.

Caterpillars (3-4 Year Olds)

In this class, children meet 3 days a week and will continue to develop fine motor skills with writing letters and cutting shapes. Children will work on letters and sounds as well as writing the alphabet. Some basics, such as addition and counting, as well as incorporating ideas of weather and measuring will help the children begin to explore math and science concepts. Additional music, sports, and swimming enrichment are included weekly.

Butterflies (4-5 year olds)

For Butterflies, children should be entering Kindergarten. Classroom activities are designed to provide your child with the school readiness skills needed to enter Kindergarten. Children will review letters and sounds, and additional math concepts such as time, money, and addition will be introduced. Basic sight words will be part of the weekly themes and writing letters will also be practiced. Additional music, sports, and swimming enrichment are included weekly. Parents will receive progress reports, and teachers will conduct conferences at the end of the program.

Kittle Care Home Daycare (630) 360-6875

318 North Blue Jay St., Cortland

Hours: 5:30am—5:00pm, Mon thru Fri

Our day care center is here to provide you with expert assistance. Whatever your needs may be, get in touch with us today.

<https://kittle-care-home-daycare.business.site/>

Land of Learning Child Care Center (815) 899-8991

1645 Bethany Rd., Sycamore

Hours: Mon thru Fri 6:30am—5:30pm

A Center With a Structured Program to Meet the learning Needs of Your Children.

<https://www.landoflearning.org/>

Montessori Children's House (815) 895-0303

26555 Brickville Rd., Sycamore

Montessori Children's House of Sycamore and DeKalb is a preschool and Kindergarten program created specifically for children between the ages of 3 and 6. The Montessori educational approach is a brain-based, time-tested method that encourages lifelong learning in a collaborative, respectful, and beautiful environment. We've been in the Sycamore community for ten years now.

<http://sycamoremontessori.com/home>

Once Upon a Time Child Care (815) 899-2676

1778 West State St. # C, Sycamore

Hours: 6:30am to 5:30pm, Mon thru Fri

Educational excellence, unwavering dedication and outstanding child care. Those are the values that Once Upon a Time Child Care stands for. Ages 6 weeks to kindergarten.

<https://www.onceuponatimechildcare.com/>

Rochelle Child Care Center (815) 562-5920
1010 N. 15th St., Rochelle
Hours: 6:00am–6:00pm, Mon thru Fri

We are the YMCA Child Care Center. We've been dedicated to the enrichment of children since 1965. We are a not-for-profit organization that offers accredited day care, pre-school, and school age programs in a safe, clean, and nurturing environment staffed with loving, caring, and qualified professionals. <http://www.rochellechildcarecenter.com/>

Two Rivers Head Start (815) 748-3713
2425 Bethany Rd., # D, Sycamore
<https://www.trhsa.org/>

Early Head Start

Early Head Start programs are available to the family until the child turns 3 years old and is ready to transition into the Head Start program. Our infant/toddler program is for families who meet the Full-Day/Full-Year enrollment guidelines. Children enrolled in the infant room must be between the ages of 6 weeks through 15 months, and children enrolled in the toddler room must be between the ages of 15 months to 36 months.

Head Start

Our Head Start program continues TRHSA services until the child turns 5 and is eligible for Kindergarten. Our Head Start program promotes the school readiness of young children from income-eligible families across a 5-county region of northern Illinois.

Childcare Subsidy

Assistance with paying weekly co-payment for childcare expenses. Participants must use a licensed childcare provider and be approved through the Child Care Resource and Referral.

Rochelle Child Care Center (815) 562-5920
1010 N. 15th St., Rochelle
Hours: 6:00am–6:00pm, Mon thru Fri

We are the YMCA Child Care Center. We've been dedicated to the enrichment of children since 1965. We are a not-for-profit organization that offers accredited day care, pre-school, and school age programs in a safe, clean, and nurturing environment staffed with loving, caring, and qualified professionals. www.rochellechildcarecenter.com/

Walnut Street Daycare Center (815) 784-2223
201 Walnut St., Genoa
Hours: 6:30am–6:00pm, Mon thru Fri
DCFS licensed day care center that is owned and operated by families in and around Genoa. Our facility was designed with your child in mind. We provide a balance of educational learning, structured play, organized activities, as well as supervised free play inside and outdoors.
www.walnutstreetdaycare.com/

Citizenship & Immigration

Center for Information (847) 695-9050
28 N. Grove Ave., Suite 200, Elgin
Immigrant families come with limited English, little knowledge of American culture, and no clear idea of local expectations or laws. This can lead to their being vulnerable to problems like abuse, neglect, domestic violence, hunger, unemployment, unmet medical needs, and more. Our agency is here to help with those problems. We provide immigration and naturalization services, employment aid, parenting skills classes, an emergency food pantry, educational seminars. www.centrodeinformacion.org/

Community Action Program at Family Service Agency

1325 Sycamore Rd., DeKalb (815) 758-8616
Community Action Program (CAP) strives to help low-income families achieve and maintain their highest level of self-sufficiency by providing a variety of programs. We have two primary purposes: to provide essential anti-poverty programs, and to advocate for the needs of the poor in their communities. This program networks with various social service agencies, community groups, and businesses in the county to better serve the low-income population in DeKalb County.

Our mission is to provide access to opportunities for all low-income individuals and families in DeKalb County by providing education and empowering them with effective community resources and support to increase self-sufficiency and household stability. The promise of Community Action Program; Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes American a better place to live. We care about the entire community and we are dedicated to helping people help themselves and each other. www.fsadekalbcounty.org/community-action-program

Conexión Comunidad (815) 754-0980
637 N 11th St., DeKalb, IL 60115
Conexión Comunidad is a not-for-profit cultural center that uses the arts to positively influence lives and support the community in the areas of education, leadership development, health, and community resources.
www.facebook.com/conexioncomunidaddekalb/

Farmworker & Landscaper Advocacy Project F.L.A.P. (815) 909-0362
33 N. LaSalle St., Suite 900, Chicago
FLAP's mission is to improve working conditions for low-income farmworkers, nursery workers, greenhouse workers, landscapers, snow plowing workers, packinghouse workers, cannery workers, restaurant workers and meat and poultry workers and their households. FLAP carries out this mission through community outreach and education, litigation, community legal education, information and referrals and partnering with other organizations to fight human labor trafficking. www.flapillinois.org/

Illinois Coalition for Immigrant and Refugee Rights (855) 435-7693
228 S. Wabash, Suite 800, Chicago
ICIRR is dedicated to promoting the rights of immigrants and refugees to full and equal participation in the civic, cultural, social, and political life of our diverse society. <https://www.icirr.org/>

Mil Mujeres (202) 808-3311
310 South Peoria St., Suite 305, Chicago
We offer immigration legal services to the low-income individuals in the Latino community. We specialize on immigration benefits for survivors of violent crimes in the United States. Our main focus are survivors of gender related crimes. However we also provide services to other survivors.
<https://www.milmujeres.org/>

National Immigration Justice Center (312) 660-1370
224 S. Michigan Ave., Suite 600, Chicago
Heartland Alliance's National Immigrant Justice Center (NIJC) is dedicated to ensuring human rights protections and access to justice for all immigrants, refugees and asylum seekers. NIJC provides direct legal services to and advocates for these populations through policy reform, impact litigation, and public education. Since its founding three decades ago, NIJC has been unique in blending individual client advocacy with broad-based systemic change.
<https://immigrantjustice.org/>

U.S. Citizenship and Immigration Services (800) 375-5283
101 W. Ida B. Wells Dr., Chicago
U.S. Citizenship and Immigration Services (USCIS) is the federal agency that oversees lawful immigration to the United States. We are a component of the Department of Homeland Security. Some of the services we provide include: citizenship (includes the related naturalization process), immigration of family members, working in the U.S., verifying an individual's legal right to work in the U.S. (e-verify), humanitarian programs, adoptions, civic integration, genealogy, and related information.
www.uscis.gov/

Clothing

Goodwill of DeKalb (815) 756-4200
1037 S. Annie Glidden Rd., DeKalb
Hours: Mon thru Fri 9:00am—9:00pm
Sat 9:00am—7:00pm & Sun 10:00am—6:00pm
Open at 8:00am on last Tuesday of each month for the Nifty Buck Fifty Sale!
Goodwill Industries of Northern Illinois is a community-based not-for-profit organization whose mission is to create opportunities for individuals with barriers to enhance their lives.
www.goodwillni.org/

Love INC (815) 517-1928
P.O. Box 172, Sycamore
Hours: Tues, Wed, & Fri 9:00am—11:45am
Our mission at Love INC DeKalb/Sycamore is to mobilize the church to transform lives and communities in the name of Christ. Provides items from clothing to bikes to furniture and even kitchen items and lamps for DeKalb County residents. Application process required.
loveincdeksyc.org/services/

Salvation Army (815) 758-3814
1814 Sycamore Rd., DeKalb
Hours: Mon, Tues, & Wed 9:00am—9:00pm
The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.
<https://satruck.org/>

The Country Store Thrift Shop (815) 756-2378
operated by Family Service Agency of DeKalb
659 E. Lincoln Hwy., DeKalb
Hours: Mon, Wed, Thurs, & Fri 10:30am - 4:30pm
Tues 4:30pm - 7:30pm & Sat 10:30am-2:30pm
The Country Store is entirely run by a dedicated team of volunteers. All donations and their proceeds benefits the Senior Services Program, allowing for the continuation of the programs for community seniors at the five locations within DeKalb County.
www.fsadekalbcounty.org/shop-at-the-country-store

Neighbors in Christ Ecumenical (815) 756-5610
346 S. County Line Rd, Lee
Hours: Saturdays 8:00am–11:00am
Clothing is available for residents of DeKalb County.
villageofwaterman.com/n-i-c-e-center-food-pantry/

Open Closet at DeKalb Adventist Church
300 E. Taylor St., DeKalb (815) 758-1388
Hours: Tues 12:30pm–3:30pm & Thurs 5pm–7pm
Open Closet is open to anyone in the community in need of clothing. There is no limit on the number of items they can take, it is only asked that they take what they need.
dekalbil.adventistchurch.org/ministries

The Linen Closet (815) 758-0643
324 N. 3rd St., DeKalb
The Linen Closet (TLC) is a service ministry associated with Love INC. Serves all residents of DeKalb County.
firstdekalb.org/how-we-serve/in-our-community/linen-closet/

We Care Pregnancy Clinic (815) 748-4242
403 N. 5th St., DeKalb
Hours: Mon 6pm–9pm & Wed 2pm–9pm
Tues, Thurs, & Fri 10am–2pm
Moms and Dads in our Pregnancy & Parenting program, “Earn While You Learn” are able to earn diapers, wipes, lotions, shampoo, as well as diapers, clothing, and baby equipment!
<https://wecarepregnancyclinic.org/support/>

Colleges

Northern Illinois University (815) 753-1000
1425 W. Lincoln Hwy., DeKalb
*Northern Illinois University's **vision** is to be an engine for innovation to advance social mobility; promote personal, professional and intellectual growth; and transform the world through research, artistry, teaching and outreach. The **mission** of Northern Illinois University is to empower students through educational excellence and experiential learning as we pursue knowledge, share our research and artistry, and engage communities for the benefit of the region, state, nation and world.*
<https://www.niu.edu/index.shtml>

Kishwaukee Community College (815) 825-2086
21193 Malta Rd., Malta
Kishwaukee College serves students of the Northern Illinois region. Kish is located approximately 60 miles from the heart of Chicago and a five-minute drive from our partner in education, Northern Illinois University. Mission: Kishwaukee College improves lives through quality, affordable education. Vision: Kishwaukee College will be a leader in providing innovative education in the local community.
<https://www.kish.edu/>

Waubonsee Community College (630) 466-7900
Route 47 @ Waubonsee Dr., Sugar Grove
Waubonsee Community College is a public, comprehensive community college that was organized in 1966 as mandated by the Illinois Community College Act to provide education and training services for individuals in portions of Kane, Kendall, DeKalb, LaSalle and Will counties of District 516. The philosophy of Waubonsee Community College is based on the premise that education is the cornerstone of a literate, democratic society; that learning is a lifelong process; and that the pursuit of knowledge must be supported by institutional policies that demonstrate the values of quality, value, innovation, service and accessibility. Waubonsee Community College opens the door of knowledge, sparks imaginations, and enlightens lives through learning. We welcome the diverse abilities, goals, and experiences of individuals standing on the threshold of discovery. Our success is defined by the dreams we help shape, the opportunities we help design, and the futures we help create.
<https://www.waubonsee.edu/>

Counseling

The Association for Individual Development (AID)

(877) 243-0001

304 N.Sixth St., Ste. C, DeKalb

Telehealth Services

(877) 243-0001

Behavioral Health interventions and psychiatry services are integral to successful recovery plans. Individuals can lead more fulfilling lives and participate in and contribute to their communities. Individuals experience barriers to treatment such as living in rural areas with little transportation opportunity or living with acute symptoms that create severe anxiety and stress and hinder recovery program participation.

Telehealth services can reach these individuals and facilitate access to remote psychiatric care and counseling. COVID 19 introduced a new barrier to service that has made telehealth services a vital component of treatment and recovery.

Adventure Works

(815) 517-0825

1211 Sycamore Rd., DeKalb

Adventure Works serves ages 0-26 and believes that people of any age can benefit from our effective approach to counseling. In conjunction with the use of adventure activities, our therapists provide an engaging way of counseling to promote growth and change, often called adventure therapy. Adventure Works therapists are committed to a client-centered approach incorporating the most effective and appropriate treatment options for their client(s). By working as a partner in the process, therapists can help identify a client's own strengths and supports to meet their goals. Adventure Works is a for-purpose organization and strives to provide counseling services to youth regardless of their ability to pay using a sliding fee scale, supplemented by grants and donations from the community. Adventure Works accepts many insurance plans and private pay fees with adult clients. Due to our non-profit status and funding structure, no financial support is available for adult clients at this time.

<https://www.adventureworksdekalb.org/>

Ben Gordon Center NM

(815) 756-4875

12 Health Services Dr., DeKalb

The professionals here believe that counseling is a collaborative effort between the provider and the patient. During your first session, you and your provider will get to know each other and if possible, determine the best plan for your care. In the initial session, it is important that you feel comfortable to ask questions regarding your provider's approach, education, and training. Your provider will also ask you questions about your reasons for coming, your personal and family history, and other healthcare information.

https://www.nm.org/locations/behavioral-health-services-ben-gordon-dekalb?utm_source=yext&utm_medium=gmb%20location&utm_campaign=online%20listings

Braden Counseling Center

(815) 787-9000

2600 DeKalb Ave., Suite J, Sycamore

Provides quality outpatient behavioral health programs and services. We have been a leading provider of behavioral health services by responding to the needs of our community through our comprehensive counseling programs for substance abuse, chemical dependency and mental health services. Our practice is committed to assisting others in strengthening relationships, promoting change and building foundations of hope.

<https://www.bradencenter.com/about-us/>

Behavioral Health Services NM

(815) 748-8334

760 Foxpointe Dr., Sycamore

Northwestern Medicine facilities offer access to world-class patient care across the greater Chicago-land area and Northern Illinois. Anchored by Northwestern Memorial Hospital, the No. 1 hospital in Illinois by U.S. News & World Report, our clinical and administrative staff and medical and science faculty come together every day with a shared commitment to superior quality, academic excellence, scientific discovery and patient safety. With Northwestern Memorial HealthCare, we're dedicated to consistently providing high-quality, cost-effective, patient-focused care. We seek to improve the health of the communities, individuals, family and friends we serve by delivering a broad range of services with leading medicine and compassion. Because what makes us better, makes you better.

https://www.nm.org/locations/sycamore-behavioral-health?utm_source=yext&utm_medium=gmb%20location&utm_campaign=online%20listings

Center for Counseling (815) 758-8616

at Family Service Agency of DeKalb County
1325 Sycamore Rd., DeKalb

The Center for Counseling (CFC) is the foundational program of Family Service Agency. Licensed clinicians are on-site to provide therapy in the following (non-exclusive) subjects: abuse, ADD/ADHD, aging concerns, anxiety, co-parenting, depression, divorce, grief and loss, LGBTQ concerns, life transitions, parenting, PTSD, stress, and trauma. Additionally, our clinicians can also provide trauma assessments for the Children's Advocacy Center, divorce mediation, family and post-affair counseling, and in-home counseling for seniors. Our services are covered by most insurance providers, and financial assistance is also available.

<https://www.fsadekalbcounty.org/cfc>

Community Counseling (815) 753-9312

at Northern Illinois University
Graham Hall 416, DeKalb

Counselors utilize a variety of techniques to provide services that are personalized, collaborative, goal-oriented, and time-limited. Master's and Doctoral students conduct intake interviews, screenings, assessments, and individual counseling. Additionally, couples and family counseling, child and play therapy, and group counseling are available on a limited basis. Please note that the Community Counseling Training Center is not equipped for after-hours emergencies.

<https://www.cedu.niu.edu/cctc/community-counseling/index.shtml>

Couple and Family Therapy Clinic at NIU

Wirtz Hall 146, DeKalb (815) 753-1684

The Couple and Family Therapy Clinic is here to help you cope with issues and challenges that affect your everyday life. Our clinic provides high-quality, affordable mental health services to NIU and the community with a commitment to empowering you to nurture strong relationships through addressing the issues you are facing. We work with individuals, couples and families, offering a safe space to discuss conflicts or problems with a partner, spouse, children, parents, siblings, family members, friends or roommates. www.chhs.niu.edu/clinics/couple-family-therapy/index.shtml

DUI & Behavioral Health Counseling Services

407 West State St. #9, Sycamore (815) 895-9000
217 East South St. #B, Plano (630) 552-9910

<https://www.duisycamore.com/services.html>

DUI Evaluations: Secretary of State evaluations and updates, anger management and mental health

evaluations. We also provide court, jail, and off-site evaluations. When someone is arrested in Illinois for a DUI, the Court will most likely order an alcohol and drug evaluation. This evaluation will determine the extent of the defendant's substance use and his or her consequent risk to the public. It will also determine what kind of educational and counseling programs will be required. This evaluation must be done before any kind of driving permit can be issued.

DUI Counseling: Will ensure you receive the counseling you need and help you get your driver's license reinstated. We provide risk education, outpatient substance abuse treatment, aftercare, anger, and mental health counseling. Our group meetings are conveniently scheduled both during the day and evening hours. We also offer Saturday sessions.

Individual counseling is a personal opportunity to receive support and experience growth during challenging times in life. Individual counseling can help one deal with many personal topics in life such as anger, depression, anxiety, substance abuse, marriage and relationship challenges, parenting problems, school difficulties, career changes, etc.

Group counseling allows one to find out that they are not alone in their type of life challenge. To be involved in a group of peers who are in a similar place not only increases one's understanding of the struggles around the topic but also the variety of the possible solutions available. Typically, groups have up to 15 participants, one or two group leaders, and revolve around common topics like anger management, self-esteem, divorce, and domestic violence, recovery from abuse and trauma, and substance abuse and recovery.

Anger Management Counseling: Out-of-control anger leads to a pattern of negative behavior that can hurt relationships, career, even mental and physical health. Anger management classes help unlearn these negative responses to anger and help you regain control. An anger management counselor can help you recognize early signs of anger, and teach you to take the necessary steps to relax and deal with the situation in a positive way. Through discussion, training, and behavior modification techniques, a highly angry person can begin to see results, moving closer to mid-range anger, in 5 - 8 weeks. Anger management courses don't try to keep you from feeling anger but enables individuals on how to express anger in a healthy way. Managing anger is a learned behavior, requiring practice and resilience. Group anger management sessions allow you to see others coping with similar challenges and hear their personal stories of failures and successes.

Hope Haven, (815) 758-5765
1145 Rushmoore Dr., DeKalb
Youth Trauma Program: Compared to non-homeless children, homeless children disproportionately experience childhood trauma at much higher rates. Trauma negatively affects the stress response system, rational thought, emotional and psychological presence, ability to trust and feel safe, coping skills, and emotional regulation. Hope Haven provides group therapy to youth who have experienced childhood trauma through mutual support, talk therapy, and experiential therapy. Experiential therapy includes outdoor expeditions, nature, meditation, mindfulness, art, and other forms of healing through experiences. For therapeutic continuity, youth who start therapy at Hope Haven can continue in group therapy once they transition out of homelessness.

<https://www.hopehavendekalb.com/programs>

LivingRite, Center for Behavioral Health

Therapy Office (779) 777-7335
1625 Bethany Rd., Sycamore
Psychiatry Office (779) 777-7335
2540 Hauser Ross Dr., Suite 225, Sycamore
Our team has expertise treating a wide variety of needs and works together to ensure a comprehensive, collaborative approach to your care. We provide the personal touch of a small private practice combined with the support and professionalism of a large institution. Quality of care is our top priority, emphasizing empirically validated treatment approaches.

<https://livingrite.org/>

Lighthouse (815) 264-2431
2535 Bethany Road, Suite 210, Sycamore
Lighthouse Professional Counseling Center is a comprehensive counseling center providing a wide range of counseling services to the DeKalb/Sycamore area, as well as downtown Chicago. With a dedicated, knowledgeable team of Licensed Counselors (LCPCs/ LPCs), as well as other experts, our team provides compassionate care, and professional assessments for many varying situations.

<https://www.lpccillinois.com/>

DeKalb County Mental Health Board

(815) 899-7089
2500 North Annie Glidden Road – Suite B
The DeKalb County Mental Health Board supports access to high quality behavior healthcare services for DeKalb County residents.

OakHeart (779) 201-6440
240 Edward St., Sycamore

Center for Counseling, Mediation, and Consultation. We are a value-based organization, using empirically-supported treatments, in a safe and confidential environment. We offer high quality outpatient mental health treatment for a wide-range of presenting problems, diagnoses, and symptoms. Our clinicians have training and experience in their areas of specialty and maintain the highest standards for competence.

www.oakheartcenter.com/

Psychological Services Center (815) 753-0591
at Northern Illinois University

We offer a full range of outpatient psychological services including evaluations in the form of psychological testing and diagnostic interviews. We also offer a variety of psychotherapies, including individual, couple, family and group therapy; parent education; and play-based therapy for children. We offer relaxation training, biofeedback and other methods for controlling stress and physical pain.

www.niu.edu/psychology/resources/psc/index.shtml

Rosecrance (815) 391-1000

1021 North Mulford Rd., Rockford
Hope is a powerful word. It brings people into treatment and helps keep them there – even when it's hard. At Rosecrance, we take great care in creating hopeful, supportive environments that foster healing. It's our mission to give our clients the best opportunity for lasting recovery. We are a private, not-for-profit organization offering comprehensive, nationally accredited, evidence-based addiction treatment and mental health treatment for children, teens, young adults, and adults.

rosecrance.org/

Youth Services Bureau, DeKalb County

330 Grove St., DeKalb (815) 748-2010
Youth & Family Counseling offers individual and family counseling to youth aged 8-18 and their families. YFC is designed to address the specific needs of those experiencing difficult situations in their lives.

<https://dcysb.com/>

Disability Services

DHS Department of Rehabilitation Services (DRS)
(815) 758-2471

1330 Oakwood Ave, DeKalb, IL 60115
Our Mission DHS's Division of Rehabilitation Services is the state's lead agency serving individuals with disabilities. DRS works in partnership with people with disabilities and their families to assist them in making informed choices to achieve full community participation through employment, education, and independent living opportunities.

<http://www.dhs.state.il.us/page.aspx?item=29764>
<https://www.niu.edu/disability/>

Disability Resource Center (815) 753-1303

Northern Illinois University

Campus Life Building, Suite 180

The Disability Resource Center (DRC) offers guidance, services and resources to help you succeed at NIU. We will work with you to determine your needs and develop a plan to meet them. Come prepared to discuss issues related to accessibility that may impact your success at NIU. Our office works to provide reasonable and appropriate accommodations for students and the campus community. Exam accommodations, classroom accommodations, reformatting of course materials and adaptive technology are a few of the accommodations we offer.

Promoting self-advocacy and communication skills, we focus on helping students create collaborative relationships with faculty and staff. Faculty are integral to supporting students who are eligible for accommodations in the classroom. We work with faculty and department staff so accommodations are understood and implemented for student access and success. We work closely with and support the efforts of the Presidential Commission on Persons with Disabilities. The students, faculty and staff who serve on the commission make recommendations to the president regarding people with disabilities at NIU. <https://www.niu.edu/disability/>

Kishwaukee Special Recreation Association

(779)777-7286 1403 Sycamore Rd, DeKalb
KSRA provides year-round Recreation Therapy opportunities for individuals with special needs by working with staff to mainstream participants into Park District sponsored recreation programs as well as providing their own unique programming. KSRA services help increase the overall quality of life for individuals with disabilities through active involvement in community leisure activities.

<http://kishsra.org/>

Kishwaukee United Way (815) 756-7522

115 N. First St., DeKalb P.O. Box 311

Kishwaukee United Way's mission is to improve lives by sharing community resources. Vision Statement; Through collaboration, resource mobilization and voluntary giving, Kishwaukee United Way will work to provide a better quality of life for the communities we serve. Kishwaukee United Way works with others to create lasting changes in DeKalb County. We help support basic needs, prepare kids for success in school, give people the tools to become financially stable and improve the health and well being of residents. We invite YOU to be part of the change. Be part of the change. Inspire hope. Create opportunities for a better tomorrow. Reach out a hand to one. Influence the condition of

all. That's what it means to live united.

Opportunity House (815) 895-5108

357 N. California St, Sycamore

For over 50 years, our not-for-profit organization has helped persons with intellectual and developmental disabilities lead happy, healthy and productive lives. Serving DeKalb County, Illinois, we offer: 24 Hour Residential Care, Supported Community Living, Supported Community Employment, Sheltered Employment, Developmental Training, Recreation Activities, Participation in Special Olympics
<https://www.ohinc.org/>

Paratransit (815)758-3932

1606 Bethany Rd. Sycamore

The City of DeKalb provides transportation services required under the Americans with Disabilities Act (ADA). These services are funded by the State of Illinois, the Federal Transit Administration, Northern Illinois University, the Voluntary Action Center of DeKalb County, the City of Sycamore, and Kishwaukee College. The City of DeKalb contracts with the Voluntary Action Center of DeKalb County to provide Urban paratransit service within the DeKalb Urbanized Area.

<https://www.cityofdekalb.com/1259/Paratransit>

Allsup/True Help (800) 854-1418

Choosing disability representation is especially important in the earliest stages of the SSDI approval process. Without help, your initial application may be denied and the delays associated with filing appeals are lengthy. With assistance from True Help, you get support wherever you are in the process and our approval rates are higher than the national average. Many attorneys, however, don't accept disability claims until reaching the hearing level. If you choose a True Help expert like us, you will typically receive your benefits and income sooner and can avoid the appeal and hearing levels of the process.
www.Allsup.com

The Law Offices of Michael P. Hellman, LLC.
(630) 351-0222

515 James Street, Geneva, IL 60134
Michael P. Hellman has spent his entire 18-year legal career representing only the injured worker or injured party. Mr. Hellman has repeatedly achieved outstanding results for his clients in Workers' Compensation, Personal Injury, and Social Security Disability cases. A significant part of Michael's early legal career was spent with a large Personal Injury and Workers' Compensation law firm in Chicago where he gained extensive trial experience and successfully resolved over 1,000 cases recovering millions of dollars for his clients. Michael then transferred that knowledge and experience over to the founding of his law firm in 2016.

Presidential Commission on Persons with Disabilities pcpd@niu.edu

The students, faculty and staff who serve on the Presidential Commission on Persons with Disabilities (PCPD) make recommendations to the president regarding the needs of people with disabilities. Meetings are held monthly during the academic year to discuss current events and to plan activities to elevate awareness of important issues. View our united stance with other presidential commissions about hate speech posters on campus. Mission; The PCPD serves as a university-wide advocate promoting awareness, educating the university community and assisting individuals on disability-related issues. Vision; To be a university community characterized by dignity, respect and equal access where all individuals are valued members of NIU's living, learning and working environment.
<https://www.niu.edu/president/commissions/disabilities/index.shtml>

R.A.M.P. (815) 756-3556
115 N First Street, DeKalb
RAMP has an intimate understanding of the needs and solutions to advance the lives of people with disabilities. We have this understanding because the majority of our staff and board of directors have a disability. RAMP is a group of determined and caring individuals prepared to arm consumers with the tools and expectations necessary for them to guide their life now and in the future. A person with a disability who learns to navigate through daily activities in concert with their disability is free to pursue all possibilities of life.
<https://rampcil.org/>

Discrimination

American Civil Liberties Union (312) 201-9740
150 N Michigan Ave #600, Chicago
The ACLU of Illinois (ACLU), and its affiliated Roger Baldwin Foundation (RBF), are non-partisan, non-profit organizations dedicated to protecting the liberties guaranteed by the U.S. Constitution, the state Constitution, and state/federal human rights laws. The ACLU accomplishes its goals through litigating, lobbying and educating the public on a broad array of civil liberties issues. Our advocacy is legendary in the areas of racial justice, religious liberty, freedom of expression, the rights of children and people with disabilities, criminal justice reform, fairness for lesbian, gay, bisexual, transgender individuals, and reproductive justice. <https://www.aclu-il.org/en>

Guardianship and Advocacy (815) 987-7657
4302 N Main St # 108, Rockford
The Illinois Guardianship and Advocacy Commission protects the rights and promotes the welfare of persons with disabilities. A board of eleven Commissioners, who serve without compensation, govern the agency. The Commission is an executive state agency created to safeguard the rights of persons with disabilities. By providing legal representation, investigating complaints of rights violations and providing state guardianship for Illinois' population with disabilities, the Commission has given voice to those who have previously gone unheard.
<https://www2.illinois.gov/sites/gac/Pages/default.aspx>

Human Relations Commission, DeKalb (815) 748-2090
200 South Fourth St., DeKalb
It is the Policy of the City of DeKalb that discrimination based on race, creed, color, gender, religion, age, national origin, or ancestry, physical or mental disability, marital status, matriculation or sexual orientation is hereby prohibited. To foster a community that respects and supports the diversity and dignity of all people and promotes building strong relationships between its diverse citizens, groups, and organizations.
<https://www.cityofdekalb.com/327/Human-Relations-Commission>

Domestic Violence

Dachsie's to Dane's (815) 453-2843
1751 Melugins Grove Rd., Steward
Offers animal (pet) boarding for victims of domestic violence and their children.

Community Crisis Center (847) 742-4088
P.O. Box 1390, Elgin
Our mission statement is We provide Safety, Hope, Advocacy, Respite and Education for those impacted by crisis and violence in the Fox Valley Region in Illinois. Our services include a 24-hour crisis hotline, temporary shelter, individual and group counseling, medical assistance, legal assistance, financial assistance, and more. Remember, there is always hope. <https://www.crisiscenter.org/index.html>

DeKalb Area Women's Center (815) 758-1351
1021 State St., DeKalb
We are a nonprofit, all-volunteer community center that was organized in late 1993 to develop a community supportive of women's culture, celebrating women and encouraging empowerment of women while working toward elimination of sexism and other discrimination. The effort is made to encourage personal growth, create opportunities for networking, facilitate support systems, and provide a place for women to share expertise and foster understanding and acceptance of diversity. DAWC offers a variety of quality programming, while functioning as a cultural, arts, educational, resource and service organization. www.dekalbawc.org/

Department of Children & Family Services (DCFS)
760 Peace Rd., DeKalb (815) 787-5300
Child Abuse Hotline (800) 252-2873
The mission of Illinois DCFS is to protect children who are reported to be abused or neglected and to increase their families' capacity to safely care for them; provide for the well-being of children in our care; provide appropriate, permanent families as quickly as possible for those children who cannot safely return home; support early intervention and child abuse prevention activities and work in partnerships with communities to fulfill this mission. <https://www2.illinois.gov/dcfs/Pages/default.aspx>

Elder Care Services (815) 758-6550
1701 E. Lincoln Hwy., DeKalb
We provide service to those who are aged 60 years and older. Often we find that we need help with some of life's changes. That's why our compassionate, trained, and licensed staff provides education and coordination of services to DeKalb County sen-

iors, their caregivers, and family members for free. Our goal is to enable seniors to remain safe, comfortable, and independent in their own homes for as long as possible.

<https://www.ecsdekalb.org/>

H.O.P.E. of Ogle County (815) 562-8890
24-hour crisis hotline (815) 562-8890
Our mission is to advocate on behalf of domestic abuse victims and their children in a welcoming environment. Our caring professionals provide safety planning, support, shelter, and referrals while empowering survivors to build a safe and peaceful future. We offer support, assistance, and resources to those who are contending with the effects of abusive relationships. <https://hopedv.org/index.html>

Mutual Ground (630) 897-0084
24-Hr Domestic Violence Hotline (630) 897-0080
24-Hour Sexual Assault Hotline (630) 897-8383
Mutual Ground is the safe place where people come together to break the cycle of domestic violence and sexual abuse. We are not just a shelter, we are a solution. Located in Aurora, Illinois, Mutual Ground serves the Greater Aurora area, Southern Kane and all of Kendall County. Our vision is to create a society free of domestic and sexual violence. Our mission is To provide education, awareness, and life-changing services that empower individuals, families, and communities to end the cycle of domestic and sexual violence. Our philosophy is to guide and not dictate. We empower our client with the education and support they need to make informed choices. We are good stewards of the financial support we receive and work hard to ensure that every dollar helps us provide comprehensive services for victims of domestic violence and sexual assault in Greater Aurora, Southern Kane and Kendall Counties. www.mutualground.org/

Remedies Renewing Lives (815) 966-1285
24 Hr. Domestic Violence Hotline (815) 962-6102
Addiction and Treatment Phone (815) 962-0871
24 Hr. Gambling Addiction Hotline (815) 547-4502
220 Easton Parkway, Rockford
Remedies provides critical and often times lifesaving services to adults struggling with substance abuse and to victims of domestic violence and their children, and works to end the cycle of abuse and addiction through education and community involvement. We provide a safe, supportive environment and critical, client-centered services designed to promote the healing of individuals and families. <https://www.remediesrenewinglives.org/>

Safe Passage (815) 756-7930
24-Hour Hotline (815) 756-5228

The mission of Safe Passage is to promote the right of all to nonviolent and abuse-free relationships through advocacy, intervention and prevention in DeKalb County. Safe Passage is the domestic violence agency and rape crisis center serving DeKalb County. We started in 1981 as a grassroots organization, run mostly by volunteers wanting to create a safe place in the community for victims of domestic violence. The agency has continued to expand and add programs and services. The addition of our prevention program, transitional housing program, 24-hour emergency medical response, and expanded children's program, has ensured we're better equipped to empower a broad range of survivors.
<https://www.safepassagedv.org/>

Salvation Army (815) 756-4308
830 Grove St., DeKalb

The Cascade Women's and Children's Center
We provide immediate assistance to victims of domestic violence and put them on the path to independence at this 24-hr shelter specifically designed for women and children escaping domestic abuse. The center provides everything from health referrals, counseling, and transportation to GED certification programs, parenting classes, employment assistance, and permanent housing placement. We also offer children a nurturing environment in a therapeutic preschool program. The location of the facility is kept private for the safety of our clients.
The Phoenix Elim House *This refuge offers a safe haven to families of up to eight and children 17 and under. Elim House empowers victims of domestic abuse through personal goal and safety plan development. They also offer crisis counseling and recreational activities, such as field trips, games, and arts and crafts, for children escaping domestic violence.*

Northwest Division Center *We put victims of domestic abuse on the road to recovery with this extensive program. In addition to providing confidential emergency and transitional shelters, we help them take steps toward recovery and living independently.* www.salvationarmyusa.org/usn/stop-domestic-abuse/

Emergency Assistance

American Red Cross (815) 963-8471
727 N Church St, Rockford

Our mission; As reflected in the Red Cross mission, the Illinois Region seeks to help people prevent, prepare for, and respond to natural and human-caused disasters through the immediate mobiliza-

tion of people and resources and the provision of community, workplace, and school-based training. We work toward this mission through 5 lines of service: Disaster Relief, Blood Services, Service to the Armed Forces, International services and Preparedness, Health & Safety. This region delivers Community Disaster Education, First Aid/CPR and other types of life-saving health and safety training to thousands of people to help individuals prevent, prepare, and respond to emergencies. Every day, the Red Cross provides 24/7 global emergency communication services and support in military and veteran health care facilities across the country and around the world. The Red Cross is also the largest supplier of blood products in the country.
<https://www.redcross.org/>

Catholic Charities USA (312) 655-7700
721 N Lasalle St, Chicago, IL 60654

Catholic Charities fulfills the Church's role in the mission of charity to anyone in need by providing compassionate, competent and professional services that strengthen and support individuals, families and communities based on the value and dignity of human life. In order to remain faithful to our mission, Catholic Charities is guided by these core values: Respect, Compassion, Competence and Stewardship. Our mission and values are based on the firm foundation of Catholic Social Teaching, a collection of themes developed in papal and other writings over the course of the Church's history. These themes include the belief that human life is sacred; that all humans have inherent dignity, rights and responsibilities; that social structures like marriage and the family must be supported; that the needs of the poor and vulnerable must be met; and that we must be responsible stewards of God's creation. Far from limiting our focus, our Catholic identity and values enable us to truly be "universal," which is what "catholic" really means. The tenets of Catholic Social Teaching call us to serve everyone, regardless of their belief or background, and to employ anyone, not just Catholics, who commits to our mission. Christ reached out to people of all faiths, and Catholic Charities does the same, with the goal of transforming lives for the better.

<https://www.catholiccharities.net/>

Christ Community Church (815) 787-6161

2350 Pride Ave, DeKalb

In order to accomplish our mission, we put great emphasis on four key values. The first is Belonging. There is a place for you at Christ Community Church. A second key value is Growing. The Bible is taught here in a way that is relevant to your everyday life. Heart-felt worship will move you closer to God. Interaction with others who are pursuing God will stimulate your own spiritual growth. Serving is a third key value. You can choose from dozens of ministries at Christ Community Church that will tap the unique gifts and abilities that God has given you. And beyond our walls, we are serving alongside area-wide partners who are ministering to the poor, unwed mothers, inmates, and the elderly - people with distressing needs. Finally, we are a church that values Reaching. We want to reach out to friends and neighbors who are looking for a personal relationship with God.

<https://ccclife.org/dekalb/>

Community Action Program (815) 758-8616

at Family Service Agency of DeKalb County

1325 Sycamore Rd., DeKalb

Community Action Program (CAP) strives to help low-income families achieve and maintain their highest level of self-sufficiency by providing a variety of programs. We have two primary purposes: to provide essential anti-poverty programs, and to advocate for the needs of the poor in their communities. This program networks with various social service agencies, community groups, and businesses in the county to better serve the low-income population in DeKalb County. Please contact us with any questions, comments, or concerns you may have so we can better serve the low-income citizens of DeKalb County. Our mission is to provide access to opportunities for all low-income individuals and families in DeKalb County by providing education and empowering them with effective community resources and support to increase self-sufficiency and household stability. The promise of Community Action Program; Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes American a better place to live. We care about the entire community and we are dedicated to helping people help themselves and each other.

[www.fsadekalbcounty.org/
community-action-program](http://www.fsadekalbcounty.org/community-action-program)

Crossroads Community Church (815)756-6212

1930 Sycamore Rd, DeKalb

Financial assistance on a case by case basis, assistance with food as well. One time basis for financial assistance.

<https://www.crossroadschurch.us/>

First United Methodist Church (815)756-6301

317 N 4th St, DeKalb

Gas vouchers one time basis

<http://firstumc.net/>

Hope Haven, (815) 758-5765

1145 Rushmoore Dr., DeKalb

<https://www.hopehavendekalb.com/programs>

Homeless Prevention Program: Assistance designed to prevent the incidence of homelessness, including, but not limited to: (1) emergency rent assistance for families in imminent danger of eviction; (2) security deposits or first month's rent to help a family move into permanent housing in order to divert homelessness; (3) emergency financial assistance to prevent housing foreclosure and (3) referrals to services designed to prevent the incidence of homelessness

Rapid Re-housing Program is geared to help homeless families and individuals transition to permanent housing as quickly as possible. Relocation and stabilization services are offered in the shelter for residents needing only temporary assistance. Those residents will receive case management services that follow them into permanent housing for a limited time. The goal of the program is to identify the homeless who have low housing barriers therefore need only limited assistance in order to successfully transition back to permanent housing.

Emergency Shelter Program: The shelter on Rushmoore Drive is open year round and offers food, shelter, and supportive services for individuals and families from DeKalb County who need emergency access to food, shelter, and safety. Breakfast and sack lunches are provided each morning and dinner is delivered by area churches and organizations. Case managers assist residents of the emergency shelter in developing an individualized "plan of action" addressing goals to move to permanent housing, access or increase income, apply for eligible benefits, minimize the days in shelter and reduce the recidivism of homelessness.

Permanent Housing Programs

Dresser Court is a twenty-six unit, subsidized apartment complex that provides permanent housing with intensive on-site programs and services for people with disabilities and a history of chronic homelessness. Hope Haven is responsible for screening residents for eligibility and providing supportive services. The goal of the program is to assist residents in maintaining permanent housing.

Housing First Program, located on Rushmore Drive, provides subsidized housing to twelve individuals who have been chronically homeless due to a diagnosed mental illness. Housing is in single rooms, with a shared kitchen and living space. Hope Haven provides intensive supportive services. The goal of this program is to secure housing for the homeless who are considered the "hardest to house."

<https://www.hopehavendekalb.com/programs>

Love INC (815) 517-1928

PO Box 172, Sycamore

Hours: Tues, Wed, & Fri 9:00am—11:45am

Our mission at Love INC DeKalb/Sycamore is to mobilize the church to transform lives and communities in the name of Christ. Provides items from clothing to bikes to furniture and even kitchen items and lamps for DeKalb County residents. Application process required.

<https://loveincdeksyc.org/services/>

Salvation Army (815) 756-4308

830 Grove St., DeKalb

Immediate Emergency Response

Our disaster assistance includes providing food, water, and shelter to survivors, lending a hand with cleanup, and putting people in touch with their loved ones.

Emergency Preparedness

We educate other first responders and the public about how to prepare for and respond to natural disasters and aid in the development of emergency disaster plans.

Long-Term Disaster Recovery

We collaborate with local, state, and federal governments to develop and execute a long-term disaster relief and recovery plan, including restoration and rebuilding initiatives, meeting basic needs, covering medical expenses, cutting funeral costs, and distributing in-kind donations to help survivors rebuild their lives.

Spiritual and Emotional Care

Not all aftermath of natural disasters is visible to the naked eye. The Salvation Army helps treat the emotional stress and trauma of disaster survivors and first responders with emotional support and

spiritual comfort. Whether it's lending a listening ear, offering a hug, joining together in prayer, or simply being present, Salvation Army counselors are ready to help.

<https://www.salvationarmyusa.org/usn/help-disaster-survivors/>

St. Vincent DePaul Society (815) 761-0430

at St. Mary Church

302 Fisk Ave., DeKalb

Our conference adheres to the Rule of St. Vincent de Paul, which calls us to be the hands and feet of Christ within our local community. We strive to serve God's people within the Northern DeKalb County communities of DeKalb, Sycamore, Cortland, Hinckley, Kirkland, Malta, Genoa, Kingston, Lee, and Waterman regardless of religious affiliation, race, sex, age, or social status.

<https://www.svdpdokalb.org/>

Township Assistance

The office of your township supervisor administers the General Assistance Program of financial assistance for residents who are not eligible for any other federal or state assistance. Please refer to TOWNSHIP page for further information on your township.

TOWNSHIP Information on page 4

Unitarian Universalist (815) 756-7089

Fellowship of DeKalb

158 N. Fourth St, DeKalb

alb

Our mission: Together as a religious community, we put our liberal faith in action; striving to nurture our families and our spiritual lives, protect the Earth, eliminate poverty, and stop oppression; while offering love and hope for all.

<https://uufdekalb.org/>

Employment

The Association for Individual Development (AID) (877) 243-0001

304 N.Sixth St., Ste. C, DeKalb
Employment Services

AID Employment Specialists assist clients seeking jobs by providing necessary skills and guidance. The goal is ensure the right match for both employers and clients.

AID encourages individuals to explore what they want out of life and chart their own journey to success. Whether it's finding a job or becoming a volunteer, the ultimate goal is to assist individuals in leading a full and active life.

<https://www.aidcares.org/employment-services/>

Community Action Program (815) 758-8616 at Family Service Agency of DeKalb County 1325 Sycamore Rd., DeKalb

Community Action Program (CAP) strives to help low-income families achieve and maintain their highest level of self-sufficiency by providing a variety of programs. We have two primary purposes: to provide essential anti-poverty programs, and to advocate for the needs of the poor in their communities. This program networks with various social service agencies, community groups, and businesses in the county to better serve the low-income population in DeKalb County. Please contact us with any questions, comments, or concerns you may have so we can better serve the low-income citizens of DeKalb County. Our mission is to provide access to opportunities for all low-income individuals and families in DeKalb County by providing education and empowering them with effective community resources and support to increase self-sufficiency and household stability. The promise of Community Action Program; Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes American a better place to live. We care about the entire community and we are dedicated to helping people help themselves and each other. www.fsadecalbcounty.org/community-action-program

IL Dept. of Employment Security (800) 244-5631
1 Smoketree Plaza, North Aurora

Mission: To serve Illinois workers and employers to the best of our ability every time and to use our knowledge of the Illinois workforce to inform sound policy decision making

Vision: The Illinois Department of Employment Security will encourage economic growth and stability in Illinois by providing vital Employment Services to Illinois residents and employers, analyzing and disseminating actionable Labor Market Information, and administering Unemployment Insurance programs.

What We Do:

- IDES administers the Unemployment Insurance Trust Fund, collecting roughly \$2 billion in employer taxes and disbursing roughly \$2 billion to unemployed claimants each year.
- IDES provides employment services to employers and job seekers throughout Illinois.
- IDES provides employment and wage data for research and the development of sound public workforce policy.

<https://www2.illinois.gov/ides/Pages/default.aspx>

DeKalb Workforce Development Office (DWDO)

(815) 901-0177

650 N. Peace Rd. Suite B, DeKalb

The Workforce Development Division provides services to ready the workforce for employment through federally-funded programs under the Workforce Innovation and Opportunity Act (WIOA). The DeKalb Workforce Development Office works closely with WIOA core partners, such as Adult Education, Vocational Rehabilitation, Illinois Department of Employment Security, Perkins Postsecondary Education and the Kishwaukee College Career Services. WIOA provides the framework for a unique national workforce preparation and employment system designed to meet both the needs of the nation's businesses and the needs of job seekers and those who want to further their careers. Our program serves the residents of Kane, Kendall and DeKalb Counties, and is overseen by a local Workforce Development Board, which includes representatives from across the three-county area. All services at the DeKalb Workforce Development Office are open to the public.

Job Seeker Services: *We provide a host of services to eligible adults who need assistance in seeking and obtaining new employment or enhancing their job skills.*

- Career Resource Center with computer access for job search
- Financial assistance for training through the
- Workforce Innovation and Opportunity Act (contains eligibility and suitability requirements)
- Career exploration through Career Pathways
- Job search assistance through individual and group activities, comprehensive and specialized skills assessments, industry sector and labor market information
- On-site job placement
- Computer literacy classes
- High School Equivalency and ESL class schedules
- Kishwaukee College and financial aid information
- Remote Office Hours

Business Services: *Building and maintaining a skilled workforce is critical to the success of any business – let us help with your hiring and training needs! We offer a variety of services and programs to benefit local businesses, including recruitment assistance and grants to train new hires or your existing workforce.*

Business/Employer Services:

- Free advertising & marketing for available positions within your company
- Assistance with finding qualified applicants
- Pre-employment assessments in math & reading

or utilize your company's pre-employment process

- Onsite employee recruitment
- Space for conducting interviews
- Customized training
- On-the-job training program
- Workshop Services

Youth Services: *Our youth representatives focus their efforts on youth between the ages of 16-24. The youth we serve have been identified as needing an extra push to help them complete high school to receive a diploma, obtain a GED or get a job.*

Resources: *The Workforce Development Division hosts a variety of workshops in the one-stop centers. If you are interested in participating in any of the workshops, please contact one of our Career Resource Center Representatives.*

- www.countyofkane.org/WDD/Pages/Default.aspx

Salvation Army

(815) 758-3814

1814 Sycamore Rd., DeKalb

Skill-Set Evaluations: We identify the strengths and abilities of the individual for a better job match.

Educational and Skill Supplementation: By helping people pursue and complete educational requirements, training, certifications, and other prerequisites for gainful employment, we tear down the qualification barriers standing in their way. For those with mental health or substance-abuse issues, we help them find the treatment and/or medication they need to perform at their best.

Placement Assistance: By giving those in need résumé, interview, and job placement assistance, we help them find productive work for sustainable wages.

Employment Assistance: We believe in a comprehensive approach to helping families pull themselves above the poverty line. This includes equipping parents with educational resources, career coaching, and opportunities for job placement. When people are better prepared for stable and gainful employment, we can reduce the need for bill, food, and shelter assistance.

www.salvationarmyusa.org/usn/assist-the-unemployed/

City of DeKalb Human Resources Department

(815) 748-2094

(815) 748-2398

164 East Lincoln Highway, DeKalb

Employment

The City of DeKalb is committed to providing equal opportunity to all qualified persons without regard to race, color, national origin, citizenship, ancestry, sex, sexual orientation, pregnancy, age, disability, genetic information or background, religious affiliation, marital status, military status, order of protection status, arrest record, or any other legally protected status.

<https://www.cityofdekalb.com/254/Employment>

Energy/Utility Assistance

Catholic Charities USA

(312) 655-7700

721 N Lasalle St, Chicago, IL 60654

Catholic Charities fulfills the Church's role in the mission of charity to anyone in need by providing compassionate, competent and professional services that strengthen and support individuals, families and communities based on the value and dignity of human life. In order to remain faithful to our mission, Catholic Charities is guided by these core values: Respect, Compassion, Competence and Stewardship. Our mission and values are based on the firm foundation of Catholic Social Teaching, a collection of themes developed in papal and other writings over the course of the Church's history. These themes include the belief that human life is sacred; that all humans have inherent dignity, rights and responsibilities; that social structures like marriage and the family must be supported; that the needs of the poor and vulnerable must be met; and that we must be responsible stewards of God's creation. Far from limiting our focus, our Catholic identity and values enable us to truly be "universal," which is what "catholic" really means. The tenets of Catholic Social Teaching call us to serve everyone, regardless of their belief or background, and to employ anyone, not just Catholics, who commits to our mission.

Christ reached out to people of all faiths, and Catholic Charities does the same, with the goal of transforming lives for the better.

<https://www.catholiccharities.net/>

Christ Community Church

(815) 787-6161

2350 Pride Ave, DeKalb

In order to accomplish our mission, we put great emphasis on four key values. The first is Belonging.

There is a place for you at Christ Community Church. A second key value is Growing. The Bible is taught here in a way that is relevant to your everyday life. Heart-felt worship will move you closer to God. Interaction with others who are pursuing God will stimulate your own spiritual growth. Serving is a third key value. You can choose from dozens of ministries at Christ Community Church that will tap the unique gifts and abilities that God has given you. And beyond our walls, we are serving alongside area-wide partners who are ministering to the poor, unwed mothers, inmates, and the elderly - people with distressing needs. Finally, we are a church that values Reaching. We want to reach out to friends and neighbors who are looking for a personal relationship with God.

<https://ccclife.org/dekalb/>

Community Contacts, Inc. (847) 697-4400

151 West Lincoln Hwy., Suite E, DeKalb

We are dedicated to helping low and moderate income families attain and maintain safe and affordable housing. CCI seeks to provide utility bill assistance, weatherization and housing rehabilitation for eligible households. We do this through a variety of programs that focus on energy conservation and the affordability of local housing stock. Our mission is to make affordable housing a reality for local, elderly, economically disadvantaged and disabled individuals and families.

<http://cci-hci.org/>

Low Income Home Energy assistance (LIHEAP):

LIHEAP is designed to assist eligible households pay for assistance on utility bills. LIHEAP provides one-time benefit for heat and electric bills. The benefit amount is determined by income, household size, and heating fuel type.

There are four components to the LIHEAP program:

1. **The Regular Program** – Is a one-time assistance with the heat and electric bills, with the payment going directly to the utility.
2. **Reconnection Assistance** – Designed for those households who are disconnected from their heat or electricity. Or if the delivered fuel is less than 25% in tank or if supplier refuses to deliver, the household may be eligible for this program.
3. **Emergency Furnace** – Designed for homeowners whose furnace is non-operational and who fall within the income guidelines.
4. **PIPP** – The Percentage of Income Payment Program (PIPP) is designed for those households to pay a percentage of their income and receive a monthly benefit toward their utility bill. (When funding is available).

A past due bill or disconnection notice is not required to be eligible. Assistance is available for natural gas, propane, heating oil and electricity. In some cases, if the heat and electricity are included in the rent, the household may be eligible for some assistance. Community Contacts, Inc operates the LIHEAP program throughout Kane and Dekalb counties. Funding is provided by the Us Dept. of Health and Human Services and by the State of Illinois Supplemental Low Income Energy Assistance Fund. The program is administered throughout the state by the Illinois Department of Commerce and Economic Opportunity.

<http://cci-hci.org/affordable-housing-low-income-home-energy-assistance-program/>

Illinois Home Weatherization Assistance Program

IHWAP is designed to help eligible households conserve energy and save money, while increasing the comfort of their homes. This is done by air sealing (tightening) the home. Safety checks are also performed on every home to ensure smoke detectors and carbon monoxide detectors are properly working.

Program eligibility depends upon:

- Annual household income.
- Received LIHEAP assistance in last 12 months.
- Someone in the household receives SSI, AABD or TANF.

Depending upon the type, age, and condition of the home some of the following energy saving measures may be performed.

- Air sealing with 2 part foam.
- Insulation blown into the attic or walls.
- Weather-strip and door sweeps.
- Caulk of windows and doors.
- Replacement of existing heating system with a more efficient system.

Community Contacts' Weatherization staff determines if the household is income eligible and notifies them within 30 days after all of the documentation has been received. If the household is eligible, one of the agency's trained staff will assess the home and conduct an energy audit that will determine what work can be done in order to save the most energy. The work to be done on the home is scheduled and the contractor contacts the applicant to arrange a time for the weatherization work to be done. The contractors, using the work order generated from the computerized audit, install the appropriate materials in the home. After the work is completed, the home is inspected to make sure the work is complete, correct and answer any questions. All work comes with a one year warranty.

This program is administered by the Department of Commerce and Economic Opportunity, Office of Energy Assistance. Community Contacts, Inc. provides weatherization services throughout Kane and DeKalb counties. cci-hci.org/affordable-housing-illinois-home-weatherization-assistance-program/

Crossroads Community Church (815)756-6212

1930 Sycamore Rd, DeKalb

Financial assistance on a case by case basis, assistance with food as well. One time basis for financial assistance.

www.crossroadschurch.us/

SafeLink

(800) 977-3768

Free phone service for people already receiving governmental assistance. 60-200 minutes of cellular service per month. www.safelinkwireless.com

Salvation Army (815) 756-4308
830 Grove St., DeKalb EXT: 4311
Pathway of Hope: Provides individualized services to families with children who desire to take action to break the cycle of crisis and vulnerability that repeats generation after generation. It seeks to address the root causes of poverty in addition to The Army's history of compassionate serving. By helping families overcome challenges like unemployment, unstable housing, and lack of education, we can lead families down a path toward increased stability and, ultimately, self-sufficiency.
centralusa.salvationarmy.org/usc/pathway-of-hope/

St. Vincent DePaul Society (815) 761-0430
at St. Mary Church 302 Fisk Ave., DeKalb
Our conference adheres to the Rule of St. Vincent de Paul, which calls us to be the hands and feet of Christ within our local community. We strive to serve God's people within the Northern DeKalb County communities regardless of religious affiliation, race, sex, age, or social status. www.svdpdekalb.org/

Township Assistance
The office of your township supervisor administers the General Assistance Program of financial assistance for residents who are not eligible for any other federal or state assistance. Please refer to TOWNSHIP page for further information on your township.
TOWNSHIP Information on page 4

Financial Assistance

Christ Community Church (815) 787-6161
2350 Pride Ave, DeKalb
In order to accomplish our mission, we put great emphasis on four key values. The first is Belonging. There is a place for you at Christ Community Church. A second key value is Growing. The Bible is taught here in a way that is relevant to your everyday life. Heart-felt worship will move you closer to God. Interaction with others who are pursuing God will stimulate your own spiritual growth. Serving is a third key value. You can choose from dozens of ministries at Christ Community Church that will tap the unique gifts and abilities that God has given you. And beyond our walls, we are serving alongside area-wide partners who are ministering to the poor, unwed mothers, inmates, and the elderly - people with distressing needs. Finally, we are a church that values Reaching. We want to reach out to friends and neighbors who are looking for a personal relationship with God.
<https://ccclife.org/dekalb/>

City of DeKalb Finance Department (815) 748-2000
164 East Lincoln Highway, DeKalb
The Finance Department has the responsibility to account for all municipal resources, and to maintain a fiscally sound government organization that adheres to legal requirements and financial management principles, and to apply such resources in a manner, which is most beneficial to the residents and businesses of DeKalb.
<https://www.cityofdekalb.com/266/Finance>

Catholic Charities USA (312) 655-7700
721 N Lasalle St, Chicago, IL 60654
Catholic Charities fulfills the Church's role in the mission of charity to anyone in need by providing compassionate, competent and professional services that strengthen and support individuals, families and communities based on the value and dignity of human life.
www.catholiccharities.net/

Hope Haven (815) 758-5765
1145 Rushmoore Dr, DeKalb
Hope Haven will advocate for the rights of the homeless, and those at risk for becoming homeless, while working in collaboration with others to end homelessness in DeKalb County.
<https://www.hopehavendekalb.com/>

DHS Family Community Resource (IDHS) (815) 895-8667
1629 Afton Rd, Sycamore, IL 60178
The Illinois Department of Human Services (IDHS) offers a comprehensive and coordinated array of social services to help improve the quality of life for thousands of individuals, families and communities across the state. IDHS administers community health and prevention programs, oversees interactive provider networks that treat persons with developmental disabilities, mental health and substance abuse challenges and provides rehabilitation services. IDHS also aids eligible, low-income individuals and families with essential financial support, locating training and employment opportunities and obtaining child care in addition to other family services.
<https://www.dhs.state.il.us/page.aspx?item=72594>

Catholic Charities USA (312) 655-7700
721 N Lasalle St, Chicago, IL 60654
Catholic Charities fulfills the Church's role in the mission of charity to anyone in need by providing compassionate, competent and professional services that strengthen and support individuals, families and communities based on the value and dignity of human life.
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www.svdpdokalb.org/

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TOWNSHIP Information on page 4

Food Resources

Free Hot Meals

Cathedral of Praise (815) 758-6557
1126 S. First St., DeKalb
Free hot meals served every other Tuesday.

Real Community Meal (815) 756-6301
First United Methodist Soup Kitchen
317 N. 14th St, DeKalb
Free hot meal every 4th Sunday.

Food Programs

Voluntary Action Center Senior Nutrition Program (815) 758-3932
1606 Bethany Rd, Sycamore
Meals, activities, & educational programs for seniors.
Open to senior citizens 60 years of age or older and their spouses. Persons with disabilities may also be eligible.

Meal Sites

DeKalb Community Center (815) 758-1678
330 Grove St, DeKalb

Taylor Street Plaza (815) 748-5994
507 E. Taylor St., DeKalb

Sandwich-VAC Office (815) 787-6219
at Fox Valley Older Adult Services
1406 Suydam Rd, Sandwich

Voluntary Action Center Meals on Wheels (815) 758-3932
1606 Bethany Rd, Sycamore,
<https://vacdk.com/register-meals-wheels/>

SNAP/Link
IL Dept. of Human Services (815) 895-8667
1629 Afton Rd., Sycamore,
Hours: Monday—Friday 8:30am to 5:00pm
Eligibility requirements based upon Department of Human Services standards.

Women, Infants, & Children (WIC)
at DeKalb County Health Department
2550 N. Annie Glidden Rd, DeKalb
A nutritional program for pregnant women and children under the age of five years.

Food Resources-continued...

Please call individual pantries to verify described information.
Emergency food available at these sites.

ONLINE RESOURCE for locating food pantries—<https://www.foodpantries.org/>

PICK UP Food Pantry Service

Northern Illinois Food Bank (630) 443–6914 multiple locations, see site for details
<https://www.mypantryexpress.org/>

Food Pantries

DeKalb and Northern DeKalb County

Barb Food Mart (815) 596-0141 1515 S. Fourth St., DeKalb
Thursdays 4:30pm–6:00pm (Door #28)
Open to CUSD 428 families including KEC and Camelot. First time visit must present verification letter from school secretary.

“Feed My Sheep” (815) 758-5432 1915 N. First St., DeKalb
(Bethlehem Lutheran Church)
Tuesdays 3:00pm–5:00pm & Thursdays 9:30am–11:30am
No restrictions on visits per month, or proofs required.

Blessing Well Food Pantry (815) 758-1588 1051 S. 4th St, DeKalb
Wednesday 10:00am–3:00pm

DeKalb County Community Gardens (779) 212-9543 2280 Bethany Rd, DeKalb
DCCG provides fresh locally grown vegetable to ten food pantries and three community meal sites. Connect with DCCG by following them on Facebook, calling number listed above, or filling out form on their website at <https://www.dekalbgardens.org/connect-with-us/>.

GROW MOBILE is a joint program with VAC, DeKalb County Health Department, the DeKalb County Community Action Program, NIU, and Kish Health. It delivers fresh healthy foods into the food deserts of DeKalb County and eventually will be expanded to be a traveling health oasis delivering a range of health-related services and information.

Box of Hope provides wholesome, fresh, local sustainably grown vegetables for individuals and families over the 20 week growing season. DCCG grows thousands of pounds of vegetable for DeKalb County families in need. DCCG also provides access to land, tools, and know-how for people to grow their own food. Those who subscribe to a weekly, bi-weekly, or monthly box of vegetables provide revenue, which goes to support DCCG’s efforts to provide healthy vegetables to those in need and to add funding for maintaining the Garden Paths of Hope Program.

Faith United Methodist Church (815) 784-5143 325 S. Stott St., Genoa
3rd Monday of each month 9:00am–11:00am
Must live within Genoa-Kingston School District. Bring photo ID and two proofs of residency. One visit per month.

Family Service Agency: Club 55 (815) 758-8616 330 Grove St., DeKalb
4th Tuesday of every month 10:00am to 11:30am
For residents of DeKalb county age 60 and up. Pre-registration is required. Arrangements can be made for those with transportation concerns. Please contact agency for delivery set-up.

Huskies Student Food Pantry (815) 753-6511 1050 Lucinda Ave., DeKalb
Thursdays 5:30pm–7:30pm (Chick Evans Field House)
Must be an NIU student. Need NIU ID, student #, and photo ID.

Food Resources continued...

Please call individual pantries to verify described information.
Emergency food available at these sites.

Food Pantries

DeKalb and Northern DeKalb County continued...

Kirkland Food Pantry (815) 885-4035 510 W. South St., Kirkland
Tuesdays 12:00pm–2:00pm, & last Tuesday of every month 3:00pm–5:30pm
For residents of Kirkland, Kingston, Fairdale, Esmond, Malta, and rural areas: Monroe Center, Clare, and Irene.

New Hope Missionary Baptist Church (815) 756-7906 1201 Twombly Rd., DeKalb
Mondays 4:30pm–6:30pm
No restrictions closed on holidays.

Salem Lutheran Church (815) 895-9171 1145 DeKalb Ave., Sycamore
Tuesday–Thursday 9:00am–11:45am
Must be a resident of DeKalb County, bring a photo ID, and mail to verify residency. One visit per month.

Salvation Army (815) 756-4308 830 Grove St., DeKalb
Mon-Thurs 9:00am–12:00pm, & Thurs 5:00pm–6:45pm
Must be a resident of DeKalb County. Need photo ID and proof of residency. Income guidelines apply. One visit per month.

Spartan Food Pantry (815) 899-8194 240 Fair St., Sycamore
(West Elementary School)
1st & 3rd Wednesday of every month 4:30-pm–6:30pm

St. Vincent de Paul's (815) 758-5432 320 Fisk Ave., DeKalb
(St. Mary Church)
Tuesdays 3:00pm–6:00pm
Must show proof of residency, mail, and photo ID.

United Methodist Church (815) 895-9113 160 Johnson Ave., Sycamore
Mondays 12:30pm–4:00pm, & 2nd Monday of every month 12:30pm–7:00pm
Must be resident of Sycamore, bring photo ID, and proof of residency. One visit per month.

Unitarian Universalist (815) 756-7089 158 N. Fourth St, DeKalb
Fellowship of DeKalb
Last Saturday of every month 9:30am–11:30am
Includes non-food essentials. All are welcome, no ID required.

Vineyard Church (815) 758-1588 1051 S. Fourth St., DeKalb
Wednesdays 10:00am–3:00pm

Southern DeKalb County

Cornerstone Church (815) 786-6300 17347 Pratt Rd., Sandwich
1st & 3rd Tuesday of every month 12:30pm–2:00pm
Must live in Sandwich, Somonauk, Sheridan, or Plano. Bring photo ID and current utility bill for proof of residency.

Five Loaves Two Fishes (877) 786-4822 235 E. Lundy Ln., Leland
2nd Saturday of every month 9:00am–11:00am
No residency restrictions.

Food Resources continued...

Please call individual pantries to verify described information.
Emergency food available at these sites.

Food Pantries

Southern DeKalb County continued...

Hinckley Area Food Pantry (815) 286-7275 324 McKinley Ave., Hinckley
Must be resident of Hinckley, Big Rock, Maple Park, or Waterman. Bring photo ID and current utility bill as proof of residency. No income restrictions.

Our Sharing Pantry (815) 498-2742 235 S. Green St., Somonauk
(St. John's Church)
Thursdays 8:30am–10:30am & 3rd Monday of every month 4:00pm–6:00pm
Must be resident of Sandwich, Somonauk, or Leland. Bring photo ID and current utility bill as proof of residency. One visit per month.

The Store at Harvest Chapel (815) 786-8669 725 S. County Line Rd., Sandwich
2nd & 4th Saturdays of every month 9:00am–11:00am
No residency requirements.

Bordering Counties of DeKalb County

Aurora Area Interfaith Food Pantry (630) 897-2127 1110 Jericho Rd, Aurora
Mondays, Tuesdays, & Thursdays 10:00am–2:00pm
Must be resident of Kane, DuPage, Kendall, Will, or DeKalb county. Bring photo ID and current utility bill or lease/mortgage statement with your name or the name of someone in your household for residency verification. One visit per week.

Ashton Care Pantry (815) 453-2241 810 Main St, Ashton
3rd Thursday of every month 9:00am–11:00am
Must be resident of Ashton or Franklin. Bring photo ID and piece of mail as proof of residency.

Burlington-Hampshire Area Food Pantry (847) 683-3071 147 Mill Ave., Hampshire
3rd Monday 8:30am–10:00am & 3rd Saturday 11:00am–12:30pm of every month
Must be resident of Burlington/Hampshire 300 & 301 school district areas. Members of local churches are also eligible. Bring photo ID and current utility bill for residency verification.

Bread of Life Food Pantry (815) 645-8872 103 S. Maple, Stillman Valley
(Valley Covenant Church)
2nd Tuesday of every month 3:00pm–5:00pm
Must be resident of Ogle County or Meridian School District.

Countryside Food Pantry (630) 448-1069 525 N. Main St., Elburn
(Elburn Community Center)
Thursdays 6:00pm–7:00pm
Must be resident of Kaneland School District. Bring photo ID and mail as proof of residency.

Emmanuel Lutheran Good Samaritan (815) 393-4500 16060 Lindenwood Rd., Lindenwood
1st four Saturdays of the month 9:00am–11:00am
Must be resident of Esmond, Creston, Chana, Lindenwood, or Fairdale. Bring photo ID and current utility bill as proof of residency. One visit per month.

First Baptist Food Pantry (815) 440-2078 24 N. Mason Ave, Amboy
1st & 3rd Saturday of every month 9:00am–12:00pm

Food Resources continued...

Food Pantries

Please call individual pantries to verify described information.
Emergency food available at these sites.

Bordering Counties of DeKalb County continued...

Hand in Hand Pantry (815) 561-1470 or (815) 561-1420 414 Cherry Ave., Rochelle
Mondays 9:00am–12:00pm & 12:30pm–2:00pm, Wednesdays 2:00pm–4:00pm
No residency requirements. Bring photo ID. Two visits per month.

Helmar Lutheran Church (815) 695-5489 11935 Lisbon Rd., Newark
2nd Friday 5:00pm–7:00pm & 4th Monday 3:00pm–5:00pm of every month

Kendall County Community Food Pantry (630) 553-0473 208 Beaver St, Yorkville
Thursdays 12:00pm–2:00pm (for seniors, veterans, & disabled) 2:00pm–6:00pm (for everyone else)
Must be resident of Kendall, DeKalb, or LaSalle county. Bring photo ID or regular ID & piece of mail showing same address and provide license plate number. Pre-registration required. Two visits per month.

Lifeline Food Pantry (815) 732-7891 201 N. 3rd St, Oregon
(Conover Square Mall)
Tuesdays 1:30pm–4:00pm & Fridays 1:30pm–4:30pm
CLOTHING ONLY Thursdays 1:30pm–4:00pm & Saturdays 10:30am–1:30pm
Must be resident of Oregon, Chana, or North Grand Detour. Bring photo ID and a current utility bill for proof of residency.

Neighbors In Christ Ecumenical (815) 756-5610 346 S. County Line Rd, Lee
Saturdays 8:00am–11:00am
Income eligibility guidelines apply to receive assistance. Two visits per month. Clothing is also available.

Polo Lifeline Food Pantry (815) 946-2552 113 N. Green St, Polo
Tuesdays & Saturdays 9:00am–11:30am
Must be resident of Polo School District.

Rochelle Christian Pantry (815) 562-6654 770 W. Lincoln Ave., Rochelle
Tuesdays & Fridays 1:00pm–3:30pm
Must be resident of Rochelle Township High School district area. Bring photo ID and a piece of mail as proof of residency. One visit per month.

St. Patrick's Food Pantry (815) 718-3801 32 N. James Ave, Amboy
3rd Wednesday of every month 9:00am–10:00am

Two Rivers Head Start Agency two locations: Aurora & Elgin
Aurora Central Office (630) 264-1444 1661 Landmark Rd, Aurora
Mondays 2:00pm–4:00pm, Wednesdays & Fridays 9:00am–11:00am
Must be resident of Kane County. Bring photo ID and piece of mail for proof of residency.
River Ridge (847) 717-6048 418 Airport Rd, Elgin
Tuesdays & Wednesday 1:00pm–3:30pm and Thursdays 9:00am–12:00pm & 1:00pm–3:30pm

PICK UP Food Pantry Service
Northern Illinois Food Bank (630) 443–6914 multiple locations, see site for details
<https://www.mypantryexpress.org/>

ONLINE RESOURCE for locating food pantries—<https://www.foodpantries.org/>

Health Services

Ben Gordon Center NM (815) 756-4875

12 Health Services Dr., DeKalb

The professionals here believe that counseling is a collaborative effort between the provider and the patient. During your first session, you and your provider will get to know each other and if possible, determine the best plan for your care. In the initial session, it is important that you feel comfortable to ask questions regarding your provider's approach, education, and training. Your provider will also ask you questions about your reasons for coming, your personal and family history, and other healthcare information.

https://www.nm.org/locations/behavioral-health-services-ben-gordon-dekalb?utm_source=yext&utm_medium=gmb%20location&utm_campaign=online%20listings

Braden Counseling Center (815) 787-9000

2600 DeKalb Ave., Suite J, Sycamore

Provides quality outpatient behavioral health programs and services. We have been a leading provider of behavioral health services by responding to the needs of our community through our comprehensive counseling programs for substance abuse, chemical dependency and mental health services. Our practice is committed to assisting others in strengthening relationships, promoting change and building foundations of hope.

<https://www.bradencenter.com/about-us/>

Behavioral Health Services NM (815) 748-8334

760 Foxpointe Dr., Sycamore

Northwestern Medicine facilities offer access to world-class patient care across the greater Chicago-land area and Northern Illinois. Anchored by Northwestern Memorial Hospital, the No. 1 hospital in Illinois by U.S. News & World Report, our clinical and administrative staff and medical and science faculty come together every day with a shared commitment to superior quality, academic excellence, scientific discovery and patient safety. With Northwestern Memorial HealthCare, we're dedicated to consistently providing high-quality, cost-effective, patient-focused care. We seek to improve the health of the communities, individuals, family and friends we serve by delivering a broad range of services with leading medicine and compassion. Because what makes us better, makes you better.

https://www.nm.org/locations/sycamore-behavioral-health?utm_source=yext&utm_medium=gmb%20location&utm_campaign=online%20listings

Couple and Family Therapy Clinic at NIU

Wirtz Hall 146, DeKalb (815) 753-1684

The Couple and Family Therapy Clinic is here to help you cope with issues and challenges that affect your everyday life. Our clinic provides high-quality, affordable mental health services to NIU and the community with a commitment to empowering you to nurture strong relationships through addressing the issues you are facing. We work with individuals, couples and families, offering a safe space to discuss conflicts or problems with a partner, spouse, children, parents, siblings, family members, friends or roommates. www.chhs.niu.edu/clinics/couple-family-therapy/index.shtml

DeKalb County Health Department

(815) 758-6673

2550 North Annie Glidden Road

<https://health.dekalbcounty.org/>

Holiday Assistance

Goodfellows

107 W. Exchange St, Sycamore

Goodfellows is a local non-profit organization that provides shoes and clothes for over 900 children in our local community! Goodfellows Creed: "The Christmas season is at hand. Let us link our hands in warm friendship. Let us seek out the less blessed. Let us be 'Goodfellows'. Let us plant the seeds of cheer where cheer has not grown before. You are needed and blessings await all who answer. Be with us."

Goodfellows Motto:

"No child left without Christmas"

<https://www.facebook.com/goodfellows.syc/>

Salvation Army

(815) 756-4308

830 Grove St., DeKalb

<https://www.salvationarmyusa.org/usn/brighten-the-holidays/>

Angel Tree Program

We put new clothes and toys under the tree for 1 million children who usually have to go without Christmas gifts. Anonymous donors adopt these little "angels" in an expanding Christmas tradition that makes the season brighter for both the gift giver and receiver.

Bill Pay Assistance

The Salvation Army helps struggling households pay their utility bills, offsetting the added financial burdens that come with Christmas expenses and keeping the heat on during those cold winter nights. This allows low-income families to maintain self-dignity and stability while keeping up with their bills.

Grocery and Food Assistance

From hosting sit-down Christmas dinners to delivering meals to stocking food pantries, we give the gift of a full stomach to many. The Salvation Army makes sure low-income families, struggling seniors, and those without a home for the holidays have something to eat.

Holiday Events

We spread Christmas cheer each holiday season through traditions such as hospital visits, nursing home events, meal delivery, bell ringing, gifting programs, and clothing and Christmas toy donations. This gives the gift of hope and relief to low-income families, shut-ins, children of prisoners, and those without a home for the holidays.

Toys for Tots DeKalb

(779) 777-5896

<https://www.facebook.com/toysfortots60115>

Homeless Shelters

Hope Haven

(815) 758-5765

1145 Rushmoore Dr, DeKalb

The shelter on Rushmoore Drive is open year round and offers food, shelter, and supportive services for individuals and families from DeKalb County who need emergency access to food, shelter, and safety. Breakfast and sack lunches are provided each morning and dinner is delivered by area churches and organizations. Case managers assist residents of the emergency shelter in developing an individualized "plan of action" addressing goals to move to permanent housing, access or increase income, apply for eligible benefits, minimize the days in shelter and reduce the recidivism of homelessness.

<https://www.hopehavendekalb.com/>

PADS of Elgin

(847) 608-9744

1730 Berkley Street, Elgin, IL

Public Action to Deliver Shelter (PADS) of Elgin provides safe shelter, comprehensive case management and advocacy to homeless men, women and families in northern Kane County and Hanover and Dundee Townships.

The shelter is open 24 hours a day, 365 days a year.

Due to COVID Restrictions, please call for Office hours.

<https://www.padsfelgin.org/>

Salvation Army

(815) 756-4308

830 Grove St., DeKalb

Homeless Shelter

Each of our homeless shelters, transitional housing programs, permanent supportive housing services, and re-entry resources are available to anyone in need, according to their need and our capacity to help regardless of race, gender, ethnicity, or sexual orientation. Period. And because a majority of homeless LGBTQ people are under 18, we take special care of that vulnerable community.

Hospitals

Kindred Healthcare (815) 895-2144

225 Edward Street, Sycamore

Kindred Hospital - Sycamore is a 69-bed transitional care hospital offering the same in depth care you would receive in a traditional hospital, but for an extended recovery period. We partner with your physician and offer 24-hour clinical care seven days a week so you can start your journey to wellness. We are nestled within a neighborhood close to schools, and not far from Blumen gardens, Reston Ponds and the Sycamore sports center.

<https://www.kindredhealthcare.com/locations/transitional-care-hospitals/kindred-hospital-sycamore>

Northwestern Medicine Kishwaukee Hospital (815) 756-1521

1 Kish Hospital Dr, DeKalb

Northwestern Medicine Kishwaukee Hospital is a short-term, acute-care community hospital in DeKalb, Illinois, with more than 150 physicians on the medical staff. The Emergency Department at Kishwaukee Hospital provides 24-hour access to board-certified emergency physicians. As part of the Northwestern Medicine network, Kishwaukee Hospital offers patients access to the resources and advantages of world-class care and leading-edge clinical trials at locations across the region.

https://www.nm.org/locations/kishwaukee-hospital?utm_source=yext&utm_medium=gmb+location&utm_campaign=online+listings&y_source=1_ODlyOTg4Mi03MTUtbG9jYXRpb24uZ29vZ2xlX3dlYnNpdGVfb3ZlcnJpZGU%3D

Physicians Immediate Care DeKalb/Sycamore (815) 757-1122

2496 DeKalb Ave., Sycamore

A convenient urgent care located across from Kishwaukee Community Hospital for walk-in urgent care services, with extended hours 7 days a week, no appointment needed.

https://physiciansimmediatecare.com/clinic/dekalb-sycamore/?utm_source=google_local&utm_medium=organic&utm_campaign=gmb

SwedishAmerican Hospital

(779) 696-4400

1401 E State St, Rockford

For more than a century, Swedes has cared for our community and the great people who live here. That's why we're dedicated to delivering high quality healthcare and strategies to keep you and your family well. As a division of UW Health, we offer patients local access to many world-class specialists right here in Rockford.

At Swedes, we care for people throughout northern Illinois and southern Wisconsin with:

A dedicated and caring staff

A major acute care hospital

A medical center in Belvidere

The only heart hospital in the region

The largest regional cancer center

A network of primary care, immediate care and multi-specialty clinics

A home healthcare agency

A full spectrum of outpatient, wellness and education programs

<https://www.swedishamerican.org/>

Housing Assistance

The Association for Individual Development (AID) (877) 243-0001

304 N.Sixth St., Ste. C, DeKalb

Community Living Services

Supervised Community Living

Supported Community Living

Services Provided

- *Support in activates of daily living including: cooking, self-care, laundry, budgeting, house-keeping, etc.*
- *Community integration opportunities including: banking, shopping, barber/hair salon services, dining out, sporting events, etc*
- *Support to develop socialization and communication skills*
- *Transportation services that meet specialized needs of individual served*
- *Nursing services including assessment, and monitoring medications*
- *Registered Dietician develops menus and recipes to accommodate a variety of dietary guidelines*
- *Mental health professionals and behavior analysts provide behavior support services including developing strategies to teach adaptive behavior replacement.*
- *Individual and group counseling*

Community Contacts, Inc. (847) 697-8800 Community Contacts, Inc. will:

151 West Lincoln Hwy., Suite E, DeKalb

Illinois Home Weatherization Assistance Program

IHWAP is designed to help eligible households conserve energy and save money, while increasing the comfort of their homes. This is done by air sealing (tightening) the home. Safety checks are also performed on every home to ensure smoke detectors and carbon monoxide detectors are properly working.

Program eligibility depends upon:

- Annual household income.
- Received LIHEAP assistance in last 12 months.
- Someone in the household receives SSI, AABD or TANF.

Depending upon the type, age, and condition of the home some of the following energy saving measures may be performed.

- Air sealing with 2 part foam.
- Insulation blown into the attic or walls.
- Weather-strip and door sweeps.
- Caulk of windows and doors.
- Replacement of existing heating system with a more efficient system.

Community Contacts' Weatherization staff determines if the household is income eligible and notifies them within 30 days after all of the documentation has been received. If the household is eligible, one of the agency's trained staff will assess the home and conduct an energy audit that will determine what work can be done in order to save the most energy. The work to be done on the home is scheduled and the contractor contacts the applicant to arrange a time for the weatherization work to be done. The contractors, using the work order generated from the computerized audit, install the appropriate materials in the home.

After the work is completed, the home is inspected to make sure the work is complete, correct and answer any questions. All work comes with a one year warranty.

This program is administered by the Department of Commerce and Economic Opportunity, Office of Energy Assistance. Community Contacts, Inc. provides weatherization services throughout Kane and DeKalb counties.

Housing Rehabilitation Program: *DeKalb County Single Family Rehabilitation Program is designed to enable income eligible homeowners to undertake necessary repairs to their homes to bring them up to building code standards. It provides a FORGIVABLE five year no-interest loan to qualifying households for that purpose. The maximum amount a homeowner may borrow is \$35,000. The minimum amount which can be spent on a house is \$4,000.*

- Assess the need.
- Inspect the property.
- Write the work order.
- Bid the jobs.
- Supervise the contractors.
- Inspect the job sites.
- Handle the paperwork.

<http://cci-hci.org/affordable-housing-illinois-home-weatherization-assistance-program/>

Hope Haven,
1145 Rushmore Dr., DeKalb
<https://www.hopehavendekalb.com/programs>

(815) 758-5765 “hardest to house.”

<https://www.hopehavendekalb.com/programs>

Homeless Prevention Program: Assistance designed to prevent the incidence of homelessness, including, but not limited to: (1) emergency rent assistance for families in imminent danger of eviction; (2) security deposits or first month's rent to help a family move into permanent housing in order to divert homelessness; (3) emergency financial assistance to prevent housing foreclosure and (3) referrals to services designed to prevent the incidence of homelessness.

Rapid Re-housing Program is geared to help homeless families and individuals transition to permanent housing as quickly as possible. Relocation and stabilization services are offered in the shelter for residents needing only temporary assistance. Those residents will receive case management services that follow them into permanent housing for a limited time. The goal of the program is to identify the homeless who have low housing barriers therefore need only limited assistance in order to successfully transition back to permanent housing.

Emergency Shelter Program: The shelter on Rushmore Drive is open year round and offers food, shelter, and supportive services for individuals and families from DeKalb County who need emergency access to food, shelter, and safety. Breakfast and sack lunches are provided each morning and dinner is delivered by area churches and organizations. Case managers assist residents of the emergency shelter in developing an individualized “plan of action” addressing goals to move to permanent housing, access or increase income, apply for eligible benefits, minimize the days in shelter and reduce the recidivism of homelessness.

Permanent Housing Programs

Dresser Court is a twenty-six unit, subsidized apartment complex that provides permanent housing with intensive on-site programs and services for people with disabilities and a history of chronic homelessness. Hope Haven is responsible for screening residents for eligibility and providing supportive services. The goal of the program is to assist residents in maintaining permanent housing.

Housing First Program, located on Rushmore Drive, provides subsidized housing to twelve individuals who have been chronically homeless due to a diagnosed mental illness. Housing is in single rooms, with a shared kitchen and living space. Hope Haven provides intensive supportive services. The goal of this program is to secure housing for the homeless who are considered the

Housing Authority of DeKalb Co. (815) 758-2692
310 N. 6th St., DeKalb

The Housing Authority of the County of DeKalb was incorporated in 1946 as an Illinois Municipal Corporation. The mission of the Housing Authority is to positively impact lower income people by providing affordable housing. The Housing Authority of the County of DeKalb was not very active until 1969 at which time the Housing Authority embarked on a building campaign to construct housing in DeKalb County.

<http://dekcohousing.com/>

Salvation Army

(815) 756-4308

830 Grove St., DeKalb

Transitional Housing

Our transitional housing programs offer hope to the temporarily displaced, chronically homeless population, and many young adults who have aged out of the foster care system. For those experiencing a recent eviction, domestic breakup, addiction issue, or any other housing crisis, our temporary shelters provide homeless individuals with food and lodging while equipping them with the resources and support needed to regain stability.

Permanent Supportive Housing

The Salvation Army's long-term housing services range from supportive facilities for the elderly and affordable housing programs for low-income seniors to apartment assistance for vulnerable young adults and dedicated living complexes for homeless adults and families. Across our thousands of local branches, we assist those on fixed incomes, those struggling to rise above the poverty line, and those fighting to give their kids a safe place to call home.

Re-Entry Resources

In addition to providing food and lodging, our centers offer educational support, counseling and vocational services to homeless people, destitute individuals and families, and vulnerable youth. Our dedicated on-site caseworkers equip clients to embrace responsibility, meet goals, and gain self-sufficiency. In fact, even after residents secure permanent housing, we continue to help them maintain stability via emergency food and utility assistance.

<https://www.salvationarmyusa.org/usn/provide-shelter/>

Housing-Subsidized

Hope Haven, (815) 758-5765

1145 Rushmoore Dr., DeKalb

<https://www.hopehavendekalb.com/programs>

Permanent Housing Programs

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<https://www.hopehavendekalb.com/programs>

Housing Authority of County DeKalb

(815) 758-2692

310 N 6th Street, DeKalb

Mon-Fri; 8:30 AM—4:30 PM

The Housing Authority of the County of DeKalb was incorporated in 1946 as an Illinois Municipal Corporation. The mission of the Housing Authority is to positively impact lower income people by providing affordable housing. The Housing Authority of the County of DeKalb was not very active until 1969 at which time the Housing Authority embarked on a building campaign to construct housing in DeKalb County.

<http://dekcohousing.com/about-hacd/>

Government Services

City of DeKalb (815) 748-2000

164 East Lincoln Highway, DeKalb

<https://www.cityofdekalb.com/>

DeKalb County Illinois

200 North Main Street, Sycamore

<https://dekalbcounty.org/departments/>

DeKalb County Courthouse (815) 895-7138

133 W State St, Sycamore

<https://dekalbcounty.org/departments/circuit-clerk/>

Information Sources

City of DeKalb (815) 748-2000

164 East Lincoln Highway, DeKalb

<https://www.cityofdekalb.com/>

DeKalb County Illinois

200 North Main Street, Sycamore

<https://dekalbcounty.org/departments/>

Illinois Legal Aid Online

<https://www.illinoislegalaid.org/>

Need Help Paying Bills

There are a few non-profits and charities to contact in the DeKalb area for financial help. However, all resources are limited., whether it is rent help, grants to pay energy bills, or free medical. Families may need to call different agencies, ranging from churches to charities, to see who has funding and to find who offers the most financial assistance programs.

https://www.needhelppayingbills.com/html/dekalb_county_assistance_progr.html

PATH

PATH's online database is available to anyone looking for basic needs, crisis and mental health services, financial assistance, health care, support groups, etc.

<https://www.navigateresources.net/path/>

Single Mother Assistance

SingleMomAssistance.org is about providing helpful resources for single Mothers. There are many non profit, government, and private corporations that help single Mothers.

SingleMomAssistance.org does not directly provide assistance. We provide the listings that provide the assistance. Many of these resources do not readily show up on the Internet which is why we created this directory. Please contact the single mother resources directly to obtain assistance. We always provide phone numbers and websites (if the resources provide them) for you to find help.

<https://www.singlemomassistance.org/city/il-dekalb>

Legal Aid

Illinois Legal Aid Online

<https://www.illinoislegalaid.org/>

The Law Offices of Michael P. Hellman, LLC.

(630) 351-0222

515 James Street, Geneva, IL 60134

Michael P. Hellman has spent his entire 18-year legal career representing only the injured worker or injured party. Mr. Hellman has repeatedly achieved outstanding results for his clients in Workers' Compensation, Personal Injury, and Social Security Disability cases. A significant part of Michael's early legal career was spent with a large Personal Injury and Workers' Compensation law firm in Chicago where he gained extensive trial experience and successfully resolved over 1,000 cases recovering millions of dollars for his clients. Michael then transferred that knowledge and experience over to the founding of his law firm in 2016.

Prairie State Legal Services

(815) 965-2134

303 North Main Street, Suite 600, Rockford

Prairie State Legal Services offers free legal services for low-income persons and those age 60 and over who have serious civil legal problems and need legal help to solve them. There are 11 office locations serving 36 counties in northern Illinois.

Every day, people across Illinois are denied the basic rights to which they are entitled under the law simply because they can't afford a lawyer. It's our mission to change that.

Prairie State Legal Services provides free legal help to people who need it most and can afford it least.

The availability of civil legal aid can make all the difference to our neighbors who are fighting to stay in their homes, escape domestic violence, secure benefits for veterans or people with disabilities, or address many other legal challenges that go to the heart of their security and well-being.

Approximately 690,000 people in our service area live in poverty. They have families, hopes and dreams. They are your neighbors. They live in the communities you call home. Our communities are a better place for all of us when help is available when it's needed.

<https://www.pslegal.org/>

Legislators

DeKalb County Illinois: Elected Officials

<https://dekalbcounty.org/government/elected-officials/>

Elected County Board:

- County Board Members
- Forest preserve District Commissioners

Elected County Department Officials:

- 23rd Judicial Circuit
- Circuit Clerk
- Coroner
- County Clerk Recorder & Election
- Emergency Services Disaster Agency
- Regional Office of Education
- Sheriff
- State's Attorney
- Treasurer

Jeff Keicher, State Representative District 70

(815) 748-3494

158 W. State Street Suite C, Sycamore

Representative Keicher is motivated to serve the citizens of the 70th House District in the Illinois General Assembly. He has built strong community relationships based on trust and personal commitment and seeks to carry that reputation for thoughtful consideration to Springfield. Jeff has been called to lead in many organizations with a strong understanding of the value of dialog and seeking first to listen and understand. He feels strongly that the citizens of the 70th District need representation from an engaged business owner dedicated to doing the right thing, not looking for employment as a legislator.

<https://repkeicher.com/>

LGBTQ Support

Salvation Army (815) 756-4308

830 Grove St., DeKalb

Teenage Suicide

LGBTQ youth contemplate suicide at almost three times the rate of heterosexual youth. With a presence in every ZIP code in the nation, we're committed to providing spiritual and emotional care to those in need regardless of race, gender, ethnicity, sexual orientation, or gender identity.

Food Insecurity

More than a quarter of LGBTQ Americans are food insecure and rely on the Supplemental Nutrition Assistance Program (SNAP). As one of the nation's largest providers of social services, we understand the importance of helping people maintain their dignity when looking for nutritious food by providing options.

Job Training

Despite progress toward hiring equality, LGBTQ Americans often lack access to educational resources, counseling services, and vocational training to help them obtain well-paying jobs. Our unique programs help LGBTQ individuals cultivate vital life skills needed for successful and stable careers.

Help with Substance Abuse

According to the Substance Abuse and Mental Health Services Administration, LGBTQ adults are more likely than their straight counterparts to abuse substances. The Salvation Army recognizes the need for all people, regardless of income, to have access to rehabilitation programs. Our LGBTQ-friendly programs provide housing, food, counseling, community, and employment as we work to treat the symptoms and, ultimately, the root causes of prolonged alcohol and drug dependence.

Homeless Shelter

Each of our homeless shelters, transitional housing programs, permanent supportive housing services, and re-entry resources are available to anyone in need, according to their need and our capacity to help regardless of race, gender, ethnicity, or sexual orientation. Period. And because a majority of homeless LGBTQ people are under 18, we take special care of that vulnerable community.

American Civil Liberties Union (312) 201-9740

150 N Michigan Ave #600, Chicago

The ACLU of Illinois (ACLU), and its affiliated Roger Baldwin Foundation (RBF), are non-partisan, non-profit organizations dedicated to protecting the liberties guaranteed by the U.S. Constitution, the state Constitution, and state/federal human rights laws. The ACLU accomplishes its goals through litigating,

lobbying and educating the public on a broad array of civil liberties issues. Our advocacy is legendary in the areas of racial justice, religious liberty, freedom of expression, the rights of children and people with disabilities, criminal justice reform, fairness for lesbian, gay, bisexual, transgender individuals, and reproductive justice. With a growing membership in Illinois and across the country, the ACLU protects freedom, liberty, equality and justice through litigation, lobbying and education.

<https://www.aclu-il.org/en>

Youth Outlook (815)754-5331

615 N. 1st Street, DeKalb

Our Drop-In Centers meet weekly and are a social setting for youth to meet other LGBTQ+ young people and talk about a variety of topics that really matter to them. Whatever the topic, Youth Outlook's Drop-In centers provide a place for LGBTQ+ Youth to feel safe, supported, and celebrated. All groups welcome youth ages 12-20.

Mondays 6:30-9:00pm

Gender and Sexuality Resource Center

(815)753-4772

105 Normal Road, DeKalb

We acknowledge the historical impacts of women and lesbian, gay, bisexual, transgender and/or queer identities. We are your home away from home, inclusive of sexual and gender identities, and all forms of masculinity and femininity.

Immigration Equality (212) 714-2904

For over 25 years, we have worked to secure safe haven, freedom to live openly, and equality for individuals and families in our community. Through direct legal services, policy advocacy, and impact litigation, we advocate for immigrants and families facing discrimination based on their sexual orientation, gender identity, or HIV status.

<https://www.immigrationequality.org/>

Libraries

DeKalb Public Library (815) 756-9568

309 Oak Street, DeKalb

Genoa Public Library (815) 784-2627

240 W Main Street, Genoa

Sycamore Library (815) 895-2500

103 E. State Street, Sycamore

Nursing Homes

DeKalb County Illinois Rehab & Nursing Center

(815) 758-2477

2600 N. Annie Glidden Road, DeKalb

Hours: 8 AM—4 PM

The DeKalb County Rehab & Nursing Center has been in existence since 1853. We are the oldest and largest health care provider in DeKalb County. Beginning as a Poor Farm, the facility has evolved over generations to a progressive, skilled nursing center that is highly regarded County-wide for its quality nursing care and for its commitment to improving daily life for seniors with healthcare needs. The DeKalb County Rehab & Nursing Center is a 190-bed state-of-the-art building located just north of Northern Illinois University.

Admissions are made without regard to race, color, national or ethnic origin, age, religion, disability, sex, sexual orientation, gender identity and expression, veteran status or any other characteristic protected under applicable federal or state law. Our Admissions Department offers a full evaluation and will answer all of your questions, including those dealing with insurance coverage and cost of care. Our professionals are here to make the transition as smooth as possible. We'll be beside you every step of the way as you place your loved one in our circle of care.

<https://dekalbcounty.org/departments/rehab-nursing-center/>

Heritage Woods

(815) 787-6500

2626 N. Annie Glidden Road, DeKalb

Heritage Woods of DeKalb is an alternative to a nursing home or to struggling alone at home for older adults who need some help to maintain their independence. Heritage Woods is designed to serve adults 65 and older of all incomes. Heritage Woods combines residential apartment home living with the availability of personal assistance, support services and opportunities for residents to enjoy the companionship of friends and neighbors and to participate in social event and programs

Oak Crest DeKalb Area Retirement Center

(815) 756-8461

2944 Greenwood Acres Drive, DeKalb

Founded in 1980, Oak Crest is an independent not-for-profit community overseen by an ecumenical Board of Trustees. Oak Crest is committed to providing senior adults with comprehensive physical and social services while creating a quality of life characterized by independence and security.

<http://oakcrestdekalb.org/>

Pine Acres Rehab & Living Center

(815) 758-8151

1212 S 2nd St, DeKalb

Parenting Education

About Family Enrichment

(815) 758-8149

at 4-C: Community Coordinated Child Care

155 N. Third St., # 300, DeKalb

The Family Enrichment Program (FEP) welcomes the opportunity to support and encourage parents through their parenting journey. We value and respect parents as their child's first teacher and we are here to support families. Parents will be given the opportunity to learn about and support their child's development and at-home learning through a variety of activities in order to become successful lifelong learners. This program is free to DeKalb County residents with children birth to age three.

<https://www.four-c.org/about-family-enrichment/>

Children's Home and Aid

(815) 899-0137

1430 DeKalb Ave., Sycamore

Healthy Families Program

A prevention program that strives to provide all expectant and new parents with the opportunity to receive the education and support they need at the time their baby is born.

<https://www.childrenshomeandaid.org/parenting/healthy-families-illinois/>

Doula

Central Region

155 N. 3rd Street DeKalb

Office Phone: (815) 900-2352

The Doula Program serves as a highly effective program in the deterrence of child abuse and neglect. Through positive, persistent, outreach services and in-home visits, vulnerable parents learn about pregnancy, labor and delivery, and postpartum care.

<https://www.childrenshomeandaid.org/parenting/healthy-start/>

Child and Family Connections (815) 895-0481
at Regional Office of Education # 8
1778 W. State St., Sycamore
A family centered program for children birth-to-three who have or are likely to have delays in their development. Serves as a single access point to early intervention services. This family centered program supports and teaches caregivers how to work with their children in ways that will help them learn essential skills.
<http://www.roe8.com/child-and-family-connections.html>

Illinois Department of Healthcare and Family Services (HFS) (800) 447-4278
Provide services to custodial and non-custodial parents by establishing paternity and establishing, enforcing and modifying child support obligations to strengthen families emotionally and financially.
<https://www.illinois.gov/hfs/ChildSupport/Pages/default.aspx>
Aurora Region 280 East Indian Trail, Aurora
Counties served: Kane, DuPage, and Lake.
Rockford Region
175 Executive Pkwy, #107, Rockford
Counties served: Boone, Carroll, DeKalb, JoDavies, Lee, McHenry, Ogle, Stephenson, Whiteside, and Winnebago.

Intact Family Services Program (815) 787-5300
Dept. of Children and Family Services
760 Peace Rd., DeKalb
The Intact Family Services program is designed to work with at-risk families who have been referred for continuing assistance and monitoring following a child abuse or neglect investigation with the Department of Children and Family Services. The goals of the program are: to enable children to remain safely at home, to ensure the safety, well-being and continued healthy development of children, to make reasonable efforts to keep families together, to address the issues that place your children at risk, and to avoid having children separated from their family and community in an out of home placement.
https://www2.illinois.gov/dcf/lovinghomes/families/Documents/CFS_1050-94_Intact_Family_Program.pdf#search=intact%20family%20services

Kishwaukee Family YMCA (815) 756-9577
2500 W. Bethany Rd., Sycamore
<https://kishymca.org/>
Parent/Child Sportsters (Ages 1-2 years)
This program is designed to help parents find out

what sports their child enjoys. We will introduce various sports such as basketball, soccer, and volleyball. Boys and girls will learn basic skills through various methods of play. Parent involvement is required.

Parent/Child Tumbling (Age 1-2 years)
Children will get to explore our tumbling space while increasing their coordination, balance, strength and body awareness through a series of activities, obstacle courses, and stations. Parent participation is required, and they will help guide their child through this fun and interactive experience. This class requires registration and is free for YMCA members.

Regional Office of Education (815) 217-0465
2500 N. Annie Glidden Road, Suite C DeKalb
Basics DeKalb County
Inspired by the fact that 80% of brain growth occurs in the first three years of life, Basics DeKalb County helps promote brain growth with five simple, fun, and powerful steps.
<http://www.basicsdekalbcounty.org/>

Salvation Army (815) 756-4308
830 Grove St., DeKalb
Parental Involvement Coaching
Each Salvation Army community center is dedicated to equipping parents with the skills needed to support and sustain their children's educational needs.
<https://www.salvationarmyusa.org/usn/teach-kids/>

We Care Pregnancy Clinic (815) 748-4242
403 N. 5th St., DeKalb
Hours: Mon 6:00pm–9:00pm
Wed 2:00pm–9:00pm
Tues, Thurs, & Fri 10:00am–2:00pm
We're here to help you take the time to address your parenting concerns and help you find the resources you need. Many people who want to parent may have questions or concerns about single parenting, co-parenting, marriage, continuing their education, financial stability and other topics. We offer free parenting education and resources at our pregnancy center for anyone who wants to participate, and you can even join in our "Earn While You Learn" Parenting Program to earn credits used for purchasing maternity and baby items. Welcoming a child into the world means a lot of changes. Some are big, some are smaller; some are exciting, others are scary. You don't have to prepare for parenting alone, we can help you become the best parent you can be.
<https://wecarepregnancyclinic.org/pregnancy-options/parenting/>

Youth Services Bureau, DeKalb County
 330 Grove St., DeKalb (815) 748-2010
Active Parent of Teens (APOT) is a six-session skills-building workshop for parents of teens. The video-based workshop is designed to help parents learn how to more effectively communicate with their teens in ways which foster responsibility, successful conflict resolution and self-esteem.
Crossroads of Parenting & Divorce is a four-hour, five-step seminar designed to prevent behaviors that divorcing parents fall into out of anger or bitterness. This seminar will help parents become aware of how their actions may inadvertently harm their children, show how to establish positive post-divorce co-parenting relationships, and provide the skills needed to stay child-focused while minimizing poor choices amidst conflict and loss.
<https://dcysb.com/>

Pregnancy

Children’s Home and Aid (815) 899-0137
 1430 DeKalb Ave., Sycamore
Doula
 Office Phone: (815) 900-2352
The Doula Program serves as a highly effective program in the deterrence of child abuse and neglect. Through positive, persistent, outreach services and in-home visits, vulnerable parents learn about pregnancy, labor and delivery, and postpartum care.
<https://www.childrenshomeandaid.org/parenting/healthy-start/>

We Care Pregnancy Clinic (815) 748-4242
 403 N. 5th St., DeKalb
 Hours: Mon 6:00pm–9:00pm
 Wed 2:00pm–9:00pm
 Tues, Thurs, & Fri 10:00am–2:00pm
If you have a viable pregnancy you have three choices to consider. Are you going to go with abortion or adoption? Or will you choose to become a parent? Our trained coaches have helped hundreds of women make decisions they are proud of today. We know that each individual set of circumstances is unique. Our desire is for you to leave our office feeling empowered to make the best choice regarding your pregnancy. We never financially benefit off of your decision and can discuss your options with absolutely no pressure.
<https://wecarepregnancyclinic.org/pregnancy-options/>

DeKalb County Health Department
 (815) 748-2420
 2550 North Annie Glidden Rd., DeKalb
The Family Planning program plays a critical role in ensuring access to a broad range of family planning and related sexual health services for low-income or uninsured males and females.
 Affordable sexual health exams
 Methods of birth control
 STD testing and treatment
 Pregnancy Testing
 Counseling to assist with health and wellness

WIC (Women, Infant and Children)
 (815) 748-2402
 2550 North Annie Glidden Road., DeKalb
WIC is a nutrition program for low-income women who are pregnant, recently had a baby, or are breastfeeding, and for children up to age five. WIC helps children when they are growing the most and can help families develop life long healthy habits. WIC provides:
 Nutritious foods
 Nutrition education
 Breastfeeding support and assistance
 Referrals to other community agencies

Public Assistance

Abigail Ascencio (779) 212-9577
Email: Abigail.Ascencio@nm.org
Caseworker at Sycamore/DeKalb PD.

City of DeKalb (815) 748-2000
164 East Lincoln Highway, DeKalb
<https://www.cityofdekalb.com/>

DeKalb County Illinois
200 North Main Street, Sycamore
<https://dekalbcounty.org/departments/>

Illinois Legal Aid Online
<https://www.illinoislegalaid.org/>

PATH Crisis Center Resource Directory
PATH's online database is available to anyone looking for basic needs, crisis and mental health services, financial assistance, health care, support groups, etc.
<https://www.navigateresources.net/path/>

Two Rivers Head Start (815) 748-3713
2425 Bethany Rd., # D, Sycamore
Back to School Assistance

Distributes shopping cards to purchase a new pair of shoes for children as they return for a new school year (K-12). Only available during summer months.

College Scholarships
Provides financial assistance to eligible persons who wish to attend a 2-4 year Illinois-accredited college.

Emergency Assistance
Limited financial assistance for crisis intervention in the areas of rental, medical, glasses, transportation, and dental care services.

GED Assistance
Helps individuals who wish to obtain their GED by covering the cost of books and/or GED test fees.
<https://www.trhsa.org/community-programs/>

Recreation

Conexión Comunidad (815) 754-0980
637 N 11th St., DeKalb, IL 60115
Conexión Comunidad is a not-for-profit cultural center that uses the arts to positively influence lives and support the community in the areas of education, leadership development, health, and community resources.

DeKalb Park District (815) 758-6663
1403 Sycamore Rd., DeKalb
Hopkins Pool
Hopkins Community Center
Haish Gym
Golf Courses
Ellwood House
<https://www.dekalbparkdistrict.com/>

Genoa Park District (815) 784-5612
400 E. Second St., Genoa
Genoa Fitness Health & Wellness Center
Skate Park
Canoe and Kayak Rentals
S.A.M.A. Karate
<https://www.genoaparkdistrict.com/>

Kishwaukee Family YMCA (815) 756-9577
2500 W. Bethany Rd., Sycamore
Teeny Tumblers (Age 2-3 years)
This class will provide activities that include an aerobic warmup and stretching while introducing basic gymnastics skills and fine motor skill development, balance, and coordination in a fun and playful environment, while emphasizing listening, sharing and taking turns. Teeny Tumblers is the perfect first tumbling class experience without Mom or Dad.
Mini Tumblers -Level 1 (Age 4-5 years)
This is a fun entry-level tumbling class that provides instructions through various activities and stations on tumbling basics such as beam, rolls, cartwheels, and handstands. Instructors will provide aerobic warm-up, skill instruction and cool down.
Mighty Tumblers- Level 2 (Age 4-5)
Pre-Req: Must complete Mini Tumblers-Level 1 or have instructor approval to enroll. This class builds on the basic skills learned in Mini Tumblers, with progressive tumbling skills introduced and developed as the participant's skill level improves.

Parent's Day Out (Ages 2-5 years: Must be Potty Trained)
Your child will enjoy activities like gym games, arts and crafts, playtime, stories and snack will give your child a fantastic day at the Y! Your child will get the opportunity to make new friends while developing their social skills. Snack will be provided. Water bottle is required.

Little Sportsters (Age 2-3 years)
Learn the fundamentals and skills of various sports in a fun-filled atmosphere. Basic skills of basketball, soccer and volleyball will be taught using fun, interactive drills and game while emphasizing listening, sharing and taking turns. Little Sportsters is perfect for children's first sports class experience without Mom or Dad.

Little Dribblers (Age 4-5 years)
Little Dribblers is designed to teach children the basic fundamentals of basketball: ball handling, dribbling, shooting, and passing. We keep the focus on fun and learning and pepper each Little Dribblers experience with life lessons such as listening, sharing and teamwork.

Little Kickers (Age 4-5)
Learn the fundamentals and skills of soccer in a fun-filled atmosphere. Little Kickers is designed to teach the basic skills of dribbling, passing and shooting while focusing on listening, sharing and taking turns. Little Kickers is the perfect first soccer class independent from mom and dad.

Sandwich Park District (815) 786-8044
1001 N. Latham St., Sandwich
Skate Park
Splash Park

Sycamore Park District (815) 895-3365
940 E. State St., Sycamore
Community Pool
Community Center
Golf Club
Pathway Fitness
Sled Hill & Amphitheatre
Splash Fountain

Rehabilitation Services

DeKalb County Illinois Rehab & Nursing Center
(815) 758-2477

2600 N. Annie Glidden Road, DeKalb
Hours: 8 AM—4 PM

The DeKalb County Rehab & Nursing Center has been in existence since 1853. We are the oldest and largest health care provider in DeKalb County. Beginning as a Poor Farm, the facility has evolved over generations to a progressive, skilled nursing center that is highly regarded County-wide for its quality nursing care and for its commitment to improving daily life for seniors with healthcare needs. The DeKalb County Rehab & Nursing Center is a 190-bed state-of-the-art building located just north of Northern Illinois University.

Admissions are made without regard to race, color, national or ethnic origin, age, religion, disability, sex, sexual orientation, gender identity and expression, veteran status or any other characteristic protected under applicable federal or state law. Our Admissions Department offers a full evaluation and will answer all of your questions, including those dealing with insurance coverage and cost of care. Our professionals are here to make the transition as smooth as possible. We'll be beside you every step of the way as you place your loved one in our circle of care.

<https://dekalbcounty.org/departments/rehab-nursing-center/>

DHS Department of Rehabilitation Services (DRS)
(815) 758-2471

1330 Oakwood Ave, DeKalb, IL 60115

Our Mission DHS's Division of Rehabilitation Services is the state's lead agency serving individuals with disabilities. DRS works in partnership with people with disabilities and their families to assist them in making informed choices to achieve full community participation through employment, education, and independent living opportunities.

<http://www.dhs.state.il.us/page.aspx?item=29764>
<https://www.niu.edu/disability/>

Northern Rehab Physical Therapy Specialists
(815) 756-2369

232 W Lincoln Hwy, DeKalb
Northern Rehab Physical Therapy Specialists is an independent, privately owned Physical Therapy practice. We are committed to providing personalized, hands-on physical therapy services in a fun, friendly, relaxed atmosphere.

<https://northernrehabpt.com/>

Schools

Littlejohn Elementary School (815) 754-2258
1121 School St, DeKalb

<https://sites.google.com/a/d428.org/littlejohn/>

Huntley Middle School (815) 754-2241
1515 s 4TH St, DeKalb

<https://sites.google.com/a/d428.org/hms/>

DeKalb High School (815) 754-2100
Northeast Illinois, Greater, 501 W Dresser Rd, DeKalb

<https://dhs.d428.org/>

South Prairie Elementary School (815) 899-8299
820 Borden Ave, Sycamore,

<https://southprairie.syc427.org/>

Senior Housing

Salvation Army
830 Grove St., DeKalb

Residences

To help ease the functional transitions associated with advanced age, we offer housing assistance and living quarters for the elderly - each cultivated with a loving atmosphere of help, kindness, and acceptance.

<https://www.salvationarmyusa.org/usn/love-the-elderly/>

Grand Victorian of Sycamore (815) 681-7250
1440 Somonauk St., Sycamore
Retirement community

Sycamore Meadows (815) 899-9450
1705 Longwood Dr., Sycamore
Senior Living

Heritage Woods (815) 787-6500
2626 N. Annie Glidden Road, DeKalb

Heritage Woods of Dekalb is an alternative to a nursing home or to struggling alone at home for older adults who need some help to maintain their independence. Heritage Woods is designed to serve adults 65 and older of all incomes. Heritage Woods combines residential apartment home living with the availability of personal assistance, support services and opportunities for residents to enjoy the companionship of friends and neighbors and to participate in social event and programs

<https://www.gardant.com/heritagewoodsdekalb/>

Senior Services

Two Rivers Head Start (815) 748-3713
2425 Bethany Rd., # D, Sycamore
Assists individuals age 62+ with unmet needs. Services could include car repair, eye glasses, medical equipment, dental care, etc.
<https://www.trhsa.org/community-programs/>

Home Instead Senior Care (815) 754-1300
2585 Sycamore Rd., DeKalb
Our families live and work in DeKalb, IL, so we're invested in our community on a very personal level. And we believe every family in the area deserves individualized in-home senior care with a compassionate touch. That's why we established Home Instead Senior Care® of DeKalb, IL. As a locally owned business, we offer friendly, responsive service right in your neighborhood. We're dedicated to making our community a better place to live for seniors and their families.
www.homeinstead.com/718

Salvation Army (815) 756-4308
830 Grove St., DeKalb
<https://www.salvationarmyusa.org/usn/love-the-elderly/>
Activities

The Salvation Army works to stimulate the minds and bodies of older adults via educational opportunities, low-impact exercise, dances, lunches, fellowship, and countless other "young at heart" activities.

Adult Daycare Centers

Because the mental and physical disabilities associated with old age impact both the elderly and their loved ones, The Salvation Army offers adult day care facilities. Here, older adults unable to independently care for themselves enjoy friendship, kindness, and monitored activities while their caretakers enjoy a much-needed break.

Community

Each Salvation Army corps community center serves its local senior citizen community in unique ways to meet specific needs. A wide variety of program offerings - ranging from clubs and classes to groups and gatherings - empowers older adults to learn, laugh, and thrive among like-minded friends.

Kishwaukee Family YMCA (815) 756-9577
2500 W. Bethany Rd., Sycamore
<https://kishymca.org/>

Silver Sneakers: preventative exercise program that enhances the quality of life for mature adults across the country. One of the largest senior-focused exercise programs in the United States, this partnership between HCD and HMOs allows Medicare-eligible members of these health plans to participate in YMCA programs at no additional cost. Please visit the YMCA Front desk to see if you qualify.

Silver Sneakers Yoga: program is Healthway's older adult group exercise program that specifically targets flexibility, range of movement, balance and mind body integration. Learn basic postures, stretches and relaxation. Exercises can be done sitting or standing. Shoes are worn and there is no floor work.

Enhanced Fitness: combines the key components of fitness: strength training, flexibility, cardiovascular conditioning and balance. Classes begin with a warm-up, followed by strength training with light, soft wrist and ankle weights, a cardio session and finish with a cool-down and stretching. This program is recognized by the CDC. Exercises can be done in a chair or standing based on participants needs. Great for those with Arthritis.

Strength and Balance: Studies show it is never too late to build muscle strength and endurance to help accomplish daily tasks, improve balance and increase flexibility. Use of bands, tubes, weights and balls. All exercises are done in a chair. This class was developed with NIU.

Zumba Gold: designed to bring the excitement of a traditional Zumba class to the beginner participants, the active older adults, and other special populations that may need modification for success. It's an invigorating, community-oriented, dance-fitness class that feels fresh and most of all, exhilarating! Zumba Gold classes provide modified, low impact moves for active older adults.

Pickleball: a fun game that is played on a badminton court with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball and wood or composite paddles. It is easy for beginners to learn, but can develop into a quick, fast-paced competitive game for experienced players.

Pedaling For Parkinson's: Pedaling a bicycle may change the life of someone with Parkinson's disease. Research conducted at the Cleveland Clinic showed a 35% reduction in symptoms by the simple act of pedaling a bicycle at a rapid pace – optimally, 80-90 revolutions per minute. Fast pedaling is not a cure of Parkinson's disease and should not be touted as such, but there is compelling evidence to show that it does make a real difference for many who try it.

<https://kishymca.org/>

Visiting Angels (815) 895-0200

3266 Resource Pkwy

Our comprehensive home care is customized for seniors based on their individual needs and preferences. Our dedicated and reliable caregivers have helped thousands of older adults live happily and safely in the comforts of home while providing their families with peace of mind. If you have a loved one who needs personalized in-home care, contact us today to schedule a free consultation

https://www.visitingangels.com/dekalb/home/?utm_source=gmb&utm_medium=organic&utm_campaign=local

Sexual Assault

Mutual Ground (630) 897-0084

24-Hr Domestic Violence Hotline (630) 897-0080

24-Hour Sexual Assault Hotline (630) 897-8383

Mutual Ground is the safe place where people come together to break the cycle of domestic violence and sexual abuse. We are not just a shelter, we are a solution. Located in Aurora, Illinois, Mutual Ground serves the Greater Aurora area, Southern Kane and all of Kendall County. Our vision is to create a society free of domestic and sexual violence. Our mission is To provide education, awareness, and life-changing services that empower individuals, families, and communities to end the cycle of domestic and sexual violence. Our philosophy is to guide and not dictate. We empower our client with the education and support they need to make informed choices. We are good stewards of the financial support we receive and work hard to ensure that every dollar helps us provide comprehensive services for victims of domestic violence and sexual assault in Greater Aurora, Southern Kane and Kendall Counties.

www.mutualground.org/

Safe Passage (815) 756-7930

24-Hour Hotline (815) 756-5228

The mission of Safe Passage is to promote the right of all to nonviolent and abuse-free relationships through advocacy, intervention and prevention in DeKalb County. Safe Passage is the domestic violence agency and rape crisis center serving DeKalb County. We started in 1981 as a grassroots organization, run mostly by volunteers wanting to create a safe place in the community for victims of domestic violence. The agency has continued to expand and add programs and services. The addition of our prevention program, transitional housing program, 24-hour emergency medical response, and expanded children's program, has ensured we're better equipped to empower a broad range of survivors.

<https://www.safepassagedsafe.pav.org/>

Sexual Assault Survivor

All services provided to sexual assault and child sexual abuse survivors and their families are free, confidential, and victim-centered. Services include: Legal and Medical Advocacy, Case Management, and both individual and group counseling.

<https://safepassedv.org/sexual-assault-survivor/>

Substance Abuse Services

Salvation Army (815) 756-4308

830 Grove St., DeKalb

Combat Addiction

Through holistic work therapy, group and individual counseling sessions, spiritual direction, and life-skills development, program members learn to abandon substance reliance.

Build Work and Social Skills

The physical and spiritual components of the program equip members to provide for themselves and others as they set and maintain sustainable employment goals.

Regain Health and Stability

By developing a personal relationship with God as provided by Jesus Christ, many residents learn to depend on God, rather than drugs or alcohol, for hope and relief.

Restore Families

Many who have been rehabilitated are reunited with their families and able to resume healthy daily routines. Kids get their parents back. People get their lives back.

DUI Counseling & Behavioral Health Services (815)895-9000
407 West State Street #9, Sycamore
DUI Evaluations
Counseling
Behavioral Health
Anger Management
Additional locations in Plano and Crystal Lake

DeKalb County Mental Health Board (815) 899-7089
2500 North Annie Glidden Road – Suite B
The DeKalb County Mental Health Board supports access to high quality behavior healthcare services for DeKalb County residents.

Braden Counseling Center (815) 787-9000
2600 Dekalb Ave STE J., Sycamore
At Braden Counseling Center, we specialize in helping people through difficult times. We are a leading provider of quality outpatient programs designed to help individuals, couples, and families cope with substance abuse, chemical dependency, and other issues affecting their well-being and mental health

Support Groups

BREASTFEEDING CENTER (815) 766-9086
at NM Kish Hospital 1 Kish Hospital Dr., DeKalb
Support group, warm line, consultations, classes, and Facebook group.
<https://www.nm.org/locations/kishwaukee-hospital-breastfeeding-center>

Life Solutions: Integrative Healing (779) 201-8006
1500 E. Lincoln Hwy, Suite 1, DeKalb
At Life Solutions, you will receive research based and confidential counseling and therapy services in a warm and comfortable setting.
Everyone deserves time to receive unconditional support from objective experts. You have the basic human right to have time to talk about your stress and receive help figuring it out.
<https://lifesolutionsgroup.org/services/>

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Group Counseling

Safe Passage provides an ongoing support group for survivors of sexual assault. Groups are closed to preserve confidentiality and build a sense of trust. New clients interested in joining the group may contact a Sexual Assault Counselor to further discuss group expectations and complete the screening process. Occasionally, special topics groups (art therapy, group for significant others, etc.) are coordinated based on client interest. Contact our hotline for more information. Intake is required before group counseling.

Tax Information

DeKalb County Illinois Treasurer/Collector (815) 895-7112
Helpline: (815) 895-7338
110 Easy Sycamore Street, Sycamore

COMPASS

Help using site: (815) 899-0702
Tax Related Questions: (815) 895-7112
Assessment related questions or address changes: (815) 895-7120
Welcome to DeKalb County Government's custom web-based application that provides the ability to view property, tax, assessment, zoning, voting and map data. The information is updated as soon as possible after changes are made to County data, and is available 24 hours a day, 7 days a week. This site and the information contained therein should be used for information purposes only. Users must comply with the terms of the DeKalb County Website Disclaimer
<http://gis.dekalbcounty.org/qtas/welcome.asp>

Transportation

Paratransit (815)758-3932

1606 Bethany Rd. Sycamore

The City of DeKalb provides transportation services required under the Americans with Disabilities Act (ADA). These services are funded by the State of Illinois, the Federal Transit Administration, Northern Illinois University, the Voluntary Action Center of DeKalb County, the City of Sycamore, and Kishwaukee College. The City of DeKalb contracts with the Voluntary Action Center of DeKalb County to provide Urban paratransit service within the DeKalb Urbanized Area.

<https://www.cityofdekalb.com/1259/Paratransit>

Voluntary Action Center (815) 758-3932

Sandwich: (815) 787-6219

1606 Bethany Road, Scyamore

The Mission of Voluntary Action Center (VAC) is committed to providing high-quality services that address the basic transportation and nutrition needs of its community. VAC was incorporated in 1974. The organization is governed by a volunteer Board of Directors comprised of representatives from communities throughout DeKalb County.

<http://vacdk.com/transportation/>

Veterans Assistance

Veterans Inc.

<http://www.veteransinc.org/services/supportive-services-for-veteran-families/>

Military Child Care

<https://public.militarychildcare.csd.disa.mil/mccu/ui/#/>

Salvation Army (815) 756-4308

830 Grove St., DeKalb

Shelters

We offer a home to those who have protected ours. Whenever a veteran doesn't have any place to go, it's an honor to give them a place to rest their head, a hot meal, help finding employment, and a fresh start.

Adult Rehabilitation Centers

Those who fought to protect us often find themselves battling PTSD and drug and alcohol addiction after returning home. At our Adult Rehabilitation Centers, we offer faith-based recovery and work programs in addition to other veteran services to help our country's bravest overcome these struggles and return home to their families.

Community

Veterans often find themselves battling loneliness and depression years after returning home. The Salvation Army is committed to standing beside those who stood up for us by offering a variety of veteran services to meet their needs. Whether it's phone cards to call home, wheelchair assistance, large-print Bibles, or a friendly smile and companionship for the afternoon, we're always ready to come to their aid.

Support Over Stigma 630) 492-0308

A group of veterans, parents of both active duty and veterans and professionals whose main goal is to remove the stigma that comes with seeking help for mental health issues, especially PTSD. Second is providing resources and tools to support active duty military, veterans, first responders and their families, especially those battling PTSD and homelessness. Our third goal is to educate the public about the dilemmas those with PTSD struggle with and get them the help they need.

<https://www.supportoverstigma.org/>

ComEd- CHAMP Program 888-806-CARE

[CHAMP - Proud of Our Military, Proud to Help | ComEd - An Ex-elon Company](#)

Since January 2002, ComEd has assisted activated and deployed members of the U.S. Armed Forces, National Guard, Reserves and honorably discharged veterans with paying their electric bills. CHAMP is a financial-assistance program that offers an optional package of benefits to qualified military personnel who reside within ComEd's service territory and have fallen behind on their electric bill.

Available Benefits:

Bill payment assistance up to \$1,000 (once every two years; while funds are available). Deferred payment plans (preferred due dates), extended due dates, cancellation of late charges, deposit reduction and budget payment plan.

Eligibility:

ComEd is committed to engaging and supporting our communities by providing assistance to military personnel that are experiencing a hardship, and have fallen behind on their electric bill.

How to Apply:

Applicants are screened to determine their need and eligibility. Download one of the applications below to apply. Contact ComEd CARE at 888-806-CARE for more information.

<https://www.comed.com/SiteCollectionDocuments/CHAMPApplicationMilitary.pdf>

<https://www.comed.com/SiteCollectionDocuments/>

Veterans Assistance Commission

(815) 756-8129

Community Outreach Bldg. 2500 N. Annie Glidden road Suite A., DeKalb

The Veterans Assistance Commission of DeKalb County, Illinois Inc., is a County Government Agency that is operated by and for Veterans. The Commission provides services and financial aid to military Veterans and their families who reside in DeKalb County and qualify for and/or need assistance.

Information and help can be obtained from this office regarding:

- Educational Benefits
- VA Disability Compensation
- VA Pensions
- VA Burials
- VBA Healthcare
- Lost discharges
- State and Federal Veterans Benefits

The Veterans Assistance Commissions provides assistance for the following:

- Preparation of the Department of Veterans Affairs (Veterans Benefit Administration (VBA) forms
- Preparation of the Healthcare Administration (VHA) forms
- Preparation of other documents, which relate to benefits available to the Veteran and their dependents.
- Answering questions about the benefits they have applied for or are receiving
- Help in applying for additional benefits if entitled
- Follow up services on pending claims
- General assistance

<https://dekalbcounty.org/departments/veterans-assistance-commission/>

Vocational Training

The Association for Individual Development (AID)

(877) 243-0001

304 N.Sixth St., Ste. C, DeKalb

Employment Services

AID Employment Specialists assist clients seeking jobs by providing necessary skills and guidance. The goal is ensure the right match for both employers and clients.

AID encourages individuals to explore what they want out of life and chart their own journey to success. Whether it's finding a job or becoming a volunteer, the ultimate goal is to assist individuals in leading a full and active life.

<https://www.aidcares.org/employment-services/>

Salvation Army

(815) 756-4308

830 Grove St., DeKalb

Skill-Set Evaluations

We identify the strengths and abilities of the individual for a better job match.

Educational and Skill Supplementation

By helping people pursue and complete educational requirements, training, certifications, and other prerequisites for gainful employment, we tear down the qualification barriers standing in their way. For those with mental health or substance-abuse issues, we help them find the treatment and/or medication they need to perform at their best.

Placement Assistance

By giving those in need résumé, interview, and job placement assistance, we help them find productive work for sustainable wages.

Continued Support

Our help goes beyond employment. Salvation Army caseworkers assist with obtaining sound financial planning and reliable insurance coverage, as well as helping to ensure affordable and safe care for children while parents are working.

National Able Network

(630) 844-8765

2 Smoketree Lane, North Aurora, Illinois 60542

Monday – Friday; 8:30 am – 4:30 pm

At National Able Network, our mission is to help make careers happen. Each client receives personalized career supports that integrate career coaching, specialized training, and direct connections to the job market. Our programs are designed to assist job seekers from all backgrounds including the unemployed, career changers, military veterans, seniors, and aspiring IT professionals. You can join us by applying online at <https://www.nationalable.org/jobseekers/> or by calling (855) 994-8300. Our solutions for businesses include staffing and training resources that help you select or develop a high-performing workforce. Contact us to learn about National Able Network's cost-effective staffing and training solutions for your business.

<https://www.nationalable.org/>

Youth Programs

Kishwaukee Family YMCA (815) 756-9577
2500 W. Bethany Rd., Sycamore
<https://kishymca.org/>

Choosing Healthy Actions, Mindset, Principles, and Spirit. C.H.A.M.P.S.

Give your fourth and fifth graders the experience of a 10-week program to learn whole-life health. Going into middle school and high school can be a roller-coaster ride for youth, so it is important for them to have a firm foundation to build character and leadership. The Kishwaukee YMCA has partnered with DeKalb County Youth Service Bureau to design a program that incorporates teambuilding, problem-solving, communication, and responsibility, along with the chance to enjoy YMCA recreational and physical fitness activities. Each participant will have a complimentary Y pass for the duration of the class.

Jr. High Y Club

Looking for something to do with your friends on Friday nights? Come check out our Jr. High Y Club that offer a fun and safe environment full of games, music and activities! This program will give middle school students a place to go in order to relax and hang out with friends, learn more about themselves and how they can make a positive impact in their community.

4th Grad Initiative

The YMCA is proud and very excited to introduce its new 4th grade initiative program. The 4th Grade Initiative (4GI) offers a free one-year YMCA membership to all existing and incoming fourth-graders throughout the community. 4GI aims to provide 4th graders with opportunities for fitness and sports as well as a chance to socialize with peers in a safe, supervised environment. 4th grade is a critical transition period for many young kids. The mission of the 4GI program is to assist children in this transition by providing programs that encourage well-rounded development that benefit kids physically and mentally. The 4GI program aims to help develop well-rounded approaches to healthy living for all 4th graders. By signing up for the 4GI program, students receive a free one year membership to the Kishwaukee Family YMCA. Special programs are designed for 4th grade students specifically, and include fun activities throughout the school year and summer such as pool parties, scavenger hunts, crafts, ice cream socials, giant inflatables, and more. Homework help and leadership training is also included. It's a time for 4th graders to have fun, stay fit, and meet friends!

Before and After School Program

The Y's Before and After School Program engages kids in physically active, learning and imaginative activities that encouraged exploration of who they are and what they can achieve. In addition to supplementing what they have learned in school, they participate in interactive learning that helps build healthy habits, active lifestyles and continued learning. Students get assistance with their homework from trained Y staff, form long-lasting friendships that enhance their development and growth and learn skills that can build self-confidence. Plus we've got you covered on Early Release Days and School's Out Days.

Schools Day Out

YMCA Schools Day Out is designed to give busy families peace of mind when school is not in session. We provide children Kindergarten through 8th Grade, a safe, comfortable and nurturing environment where they can learn, grow, thrive and be active. Join us for fun games, sports, swimming, arts and crafts and so much more! Please bring a water bottle, two snacks, a bag lunch, swimsuit and towel.

Youth and Government

Youth and Government (Y&G) provides students the opportunity to experience the democratic process and develop the leadership skills needed to become citizens of a participatory society. Based on the motto "Democracy Must Be Learned By Each Generation," Youth and Government is a nationwide program that involves more than thousands of youth in grades 9-12 each year.

Salvation Army (815) 756-4308
830 Grove St., DeKalb
<https://www.salvationarmyusa.org/usn/teach-kids/>
<https://www.salvationarmyusa.org/usn/equip-families/>

After-School Programs

With over 400 after-school programs nationwide, we foster an environment of learning long after the school day ends. By providing a safe place to study, read, learn, connect with friends, play sports, and enrich the mind, we give at-risk kids a healthy alternative to less-desirable after-school options.

Dance, Art, and Music Programs

Our youth community programs enable children to experience music and art education in positive no-cost or low-cost environments. Our wide array of classes focuses on everything from choir, band, and dancing to drawing, writing, and acting.

Homework Assistance and Counseling

The Salvation Army after-school programs serve children of all ages. We provide one-on-one assistance with homework and school assignments, as well as the teaching and advancement of literacy and study skills.

Kroc Community Centers

Each state-of-the-art Kroc Community Center gives families a chance to discover new skills, passions, and hobbies while connecting with friends and neighbors in safe, educational ways. Each facility offers after-school programs, recreational opportunities, and community programs dedicated to fostering healthy futures.

Sports, Clubs, and Extracurricular Activities

Our no-fee and low-cost after-school programs give children from low-income neighborhoods a chance to play sports, learn athletic skills, and cultivate healthy, safe relationships with friends.

Summer Camps for Kids

Many children from low-income families rarely experience life outside their immediate neighborhood. That's why The Salvation Army's annual summer camp programs are so important. Every year, thousands of kids get a fresh perspective on life as they meet new friends, discover new activities, and get a taste of the great outdoors. As campers learn to swim, play sports, create music, make art, and scout, their trained counselors help them navigate the complicated emotions and struggles often associated with their lives back home.

Youth Services Bureau, DeKalb County

330 Grove St., DeKalb (815) 748-2010

The VolunTEEN program provides DeKalb County youth ages 12-18 with ongoing, organized opportunities to volunteer in their community while enhancing their civic awareness. YSB will provide coordination of volunteer experiences, collaboration with other community organizations, and supervision of the youth that are volunteering.

Alternative to Suspension (ASP) is for students from 6th-12th grade, to act as a gateway to mental health services for at-risk youth who are required to serve out-of-school suspension. While enrolled in the program, youth will receive a comprehensive mental health screening to determine potential risk factors that contributed to the youth being suspended. Clinicians will then make appropriate recommendations to inter-agency mental health programs to address aforementioned risk factors. In addition, if youth are screened and assessed and appear to be in need of a higher level of care, referrals to and coordination with outside providers will be completed by program coordinator. During the youth's time

at the agency, the program coordinator will work with the youth to provide opportunities to maintain their academic credit and offer skill-building (40 developmental assets) to aid in better decision-making and overall healthier state of mental well-being.

Crisis Intervention Program assists families when a youth is refusing to return home, has run away from home, or during a lock-out crisis situation by providing immediate intervention 24 hours a day as well as follow-up counseling. Referrals for this program generally come from police stations in DeKalb County when families are unable to reach a solution in which everyone feels safe and understood. Families who qualify for this program will receive four free sessions of counseling. The goal for services through this program is to keep families together and to prevent DCFS and/or court involvement through counseling.

DeKalb County Youth Project (DCYB) is geared toward youth between the ages of 11 and 18. The program was developed for the purpose of equipping youth with the skills to identify, manage, and appropriately express anger and other intense emotions, in order to prevent aggressive and abusive tendencies, promote pro-social skills, improve anger control, and reduce the frequency of acting out behaviors. Youth can be referred for counseling or META (Managing Emotions, Thoughts, & Actions), an educational group that focus on three components: Anger Control (the Emotional component), Moral Reasoning (the Thoughts component), and Social Skills (the Actions component).

Alcohol/Drug Early Intervention Program (EIP) is designed to educate teens about alcohol, drug, and other substance related issues. A two-session screening assessment is used to gather drug/alcohol history and make recommendations for services. This program uses group education to provide accurate information regarding alcohol/drug use and exploration of the decision-making process involved in making healthy choices. It also offers process groups in our DeKalb County schools.

Therapeutic Art-Making Group (TAG) TAG is an open group, dedicated to creative expression. The purpose of this group is to teach youth the basics of art, provide them with materials, and how to explore those materials and create using their emotions or stories and ability to visually depict those. Projects are shared with the group, as a way of reflecting and processing. The youth involved have the opportunity to plan, create and evaluate (utilizing interpersonal, consequential, problem-solving and goal-setting skills).