

About the Senior Connections Program

The Senior Connections Program is designed to provide socialization to individuals, aged fifty-five and older.

The program is meant for seniors who could benefit from social interactions from a friendly visitor. Seniors that can benefit from this program will be paired with a volunteer.

Volunteers are there to interact through conversations, games, and other activities. They are **NOT** caregivers or homemakers.



Programs:

Senior Services
Youth Mentoring
Center for Counseling
Children's Advocacy Center

Other Programs for Seniors:

FSA operates the Club 55 locations.

These centers provide group socialization and additional activities and events.

Locations: DeKalb, Sycamore, Genoa, Malta

Family Service Agency

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Senior Connections Program

A volunteer program that strives to provide socialization to individuals, aged fifty-five and older.



How can you benefit from this program? Contact us for more information





Eligibility Requirements for Seniors

You are eligible for this program if you are 55 and older and if you could benefit from having a friendly visitor.

***This program is free-of-charge**

What is the process to getting a volunteer companion?

- You or someone else refers you to the program
- FSA Staff will meet with you to discuss available services
- You will be partnered with a volunteer based on your interests
- You will regularly meet with a volunteer. Visits may be in-person and by telephone.

“One of the best things about friendship is that age doesn’t matter.”

- Anonymous

Benefits for YOU

- Experience joy and happiness
- Improve self-esteem
- Friendly conversations
- Increased physical activity
- And more!



DID YOU KNOW...

Older adults are at risk for isolation. Studies show that being socially isolated can negatively impact both your physical and mental health.

Do you think that this program could be beneficial for you?

Things you can do with a volunteer...

- Play games
- Cook/Bake
- Reminisce
- Attend local events
- Visit a museum
- Do a craft
- And more!

Contact Family Service Agency TODAY to find out how you can be a part of the Senior Connections Program!